Introits & Graduals

Contemporary—Language Edition (1979 BCP Psalter)

Advent 1

INTROIT PSALM: 25:1-7

To you, O LORD, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me. Let none who look to you be put to shame; let the treacherous be disappointed in their schemes. Show me your ways, O LORD, and teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long. Remember, O LORD, your compassion and love, for they are from everlasting. Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord. Gracious and upright is the LORD; therefore he teaches sinners in his way.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. To you, O LORD, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me.

GRADUAL PSALM: 85:4-7

Restore us then, O God our Savior; *let your anger depart from us.* Will you be displeased with us for ever? *will you prolong your anger from age to age?* Will you not give us life again, *that your people may rejoice in you?* Show us your mercy, O LORD, *and grant us your salvation.*

Advent 2

INTROIT PSALM: 80:1-7

Hear, O Shepherd of Israel, leading Joseph like a flock; shine forth, you that are enthroned upon the cherubim. In the presence of Ephraim, Benjamin, and Manasseh, stir up your strength and come to help us. Restore us, O God of hosts; show the light of your countenance, and we shall be saved. O LORD God of hosts, how long will you be angered despite the prayers of your people? You have fed them with the bread of tears; you have given them bowls of tears to drink. You have made us the derision of our neighbors, and our enemies laugh us to scorn. Restore us, O God of hosts; show the light of your countenance, and we shall be saved.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Hear, O Shepherd of Israel, leading Joseph like a flock; shine forth, you that are enthroned upon the cherubim.

GRADUAL PSALM: 50:1-6

The LORD, the God of gods, has spoken; he has called the earth from the rising of the sun to its setting. Out of Zion, perfect in its beauty, God reveals himself in glory. Our God will come and will not keep silence; before him there is a consuming flame, and round about him a raging storm. He calls the heavens and the earth from above to witness the judgment of his people. "Gather before me my loyal followers, those who have made a covenant with me and sealed it with sacrifice." Let the heavens declare the rightness of his cause; for God himself is judge.

Advent 3

INTROIT PSALM: 33:1-6

Rejoice in the LORD, you righteous; it is good for the just to sing praises. Praise the LORD with the harp; play to him upon the psaltery and lyre. Sing for him a new song; sound a fanfare with all your skill upon the trumpet. For the word of the LORD is right, and all his works are sure. He loves righteousness and justice; the loving-kindness of the Lord fills the whole earth. By the word of the LORD were the heavens made, by the breath of his mouth all the heavenly hosts.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Rejoice in the LORD, you righteous; it is good for the just to sing praises.

GRADUAL PSALM: 80:1-3

Hear, O Shepherd of Israel, leading Joseph like a flock; *shine forth, you that are enthroned upon the cherubim.* In the presence of Ephraim, Benjamin, and Manasseh, *stir up your strength and come to help us.* Restore us, O God of hosts; *show the light of your countenance, and we shall be saved.*

Advent 4

INTROIT PSALM: 19:1-6

The heavens declare the glory of God, and the firmament shows his handiwork. One day tells its tale to another, and one night imparts knowledge to another. Although they have no words or language, and their voices are not heard, Their sound has gone out into all lands, and their message to the ends of the world. In the deep has he set a pavilion for the sun; it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course. It goes forth from the uttermost edge of the heavens and runs about to the end of it again; nothing is hidden from its burning heat.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. In the deep has he set a pavilion for the sun; it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course.

GRADUAL PSALM: 145:18-22

The LORD is righteous in all his ways and loving in all his works. The LORD is near to those who call upon him, to all who call upon him faithfully. He fulfills the desire of those who fear him; he hears their cry and helps them. The LORD preserves all those who love him, but he destroys all the wicked. My mouth shall speak the praise of the LORD; let all flesh bless his holy Name for ever and ever.

Christmas (I)

INTROIT PSALM: 2:7-8

Let me announce the decree of the LORD: he said to me, "You are my Son; this day have I begotten you. Ask of me, and I will give you the nations for your inheritance and the ends of the earth for your possession."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Let me announce the decree of the LORD: he said to me, "You are my Son; this day have I begotten you.

ALTERNATE INTROIT PSALM: CHRISTMAS ANTHEMS

Behold, the virgin shall conceive and bear a son, and shall call his name Immanuel. For to us a child is born, to us a son is given. In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places. Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Note: Or the Introit Psalm for the second service on Christmas Day.

GRADUAL PSALM: 110:1-4

The LORD said to my Lord, "Sit at my right hand, until I make your enemies your footstool." The LORD will send the scepter of your power out of Zion, saying, "Rule over your enemies round about you. Princely state has been yours from the day of your birth; in the beauty of holiness have I begotten you, like dew from the womb of the morning." The LORD has sworn and he will not recant: "You are a priest for ever after the order of Melchizedek."

Christmas (II)

INTROIT PSALM: 98:1-4

Sing to the LORD a new song, *for he has done marvelous things*. With his right hand and his holy arm *has he won for himself the victory*. The LORD has made known his victory; *his righteousness*

has he openly shown in the sight of the nations. He remembers his mercy and faithfulness to the house of Israel, and all the ends of the earth have seen the victory of our God.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Sing to the LORD a new song, for he has done marvelous things.

ALTERNATE GRADUAL PSALM: CHRISTMAS ANTHEMS

Behold, the virgin shall conceive and bear a son, and shall call his name Immanuel. For to us a child is born, to us a son is given. In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Note: Or the Introit for the first service on Christmas Day.

GRADUAL PSALM: 98:5-7

Shout with joy to the LORD, all you lands; *lift up your voice*, *rejoice*, *and sing*. Sing to the LORD with the harp, *with the harp and the voice of song*. With trumpets and the sound of the horn *shout with joy before the King*, *the Lord*. Let the sea make a noise and all that is in it, *the lands and those who dwell therein*.

St Stephen

INTROIT PSALM: 119:17-24

Deal bountifully with your servant, that I may live and keep your word. Open my eyes, that I may see the wonders of your law. I am a stranger here on earth; do not hide your commandments from me. My soul is consumed at all times with longing for your judgments. You have rebuked the insolent; cursed are they who stray from your commandments! Turn from me shame and rebuke, for I have kept your decrees. Even though rulers sit and plot against me, I will meditate on your statutes. For your decrees are my delight, and they are my counselors.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Even though rulers sit and plot against me, I will meditate on your statutes.

GRADUAL PSALM: 119:161-168

Rulers have persecuted me without a cause, but my heart stands in awe of your word. I am as glad because of your promise as one who finds great spoils. As for lies, I hate and abhor them, but your law is my love. Seven times a day do I praise you, because of your righteous judgments. Great peace have they who love your law; for them there is no stumbling block. I have hoped for

your salvation, O LORD, and have fulfilled your commandments. I have kept your decrees and I have loved them deeply. I have kept your commandments and decrees, for all my ways are before you.

St John

INTROIT PSALM: 92:1-4

It is a good thing to give thanks to the LORD, and to sing praises to your Name, O Most High; To tell of your loving-kindness early in the morning and of your faithfulness in the night season; On the psaltery, and on the lyre, and to the melody of the harp. For you have made me glad by your acts, O LORD; and I shout for joy because of the works of your hands.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. It is a good thing to give thanks to the LORD, and to sing praises to your Name, O Most High;

GRADUAL PSALM: 92:11-14

The righteous shall flourish like a palm tree, and shall spread abroad like a cedar of Lebanon. Those who are planted in the house of the LORD shall flourish in the courts of our God; They shall still bear fruit in old age; they shall be green and succulent; That they may show how upright the LORD is, my Rock, in whom there is no fault.

Holy Innocents

INTROIT PSALM: 8:1-3

O LORD our Governor, how exalted is your Name in all the world! Out of the mouths of infants and children your majesty is praised above the heavens.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Out of the mouths of infants and children your majesty is praised above the heavens.

GRADUAL PSALM: 124:6-8

Blessed be the LORD! he has not given us over to be a prey for their teeth. We have escaped like a bird from the snare of the fowler; the snare is broken, and we have escaped. Our help is in the Name of the LORD, the maker of heaven and earth.

Christmas 1

INTROIT PSALM: 93

The LORD is King; he has put on splendid apparel; the Lord has put on his apparel and girded himself with strength. He has made the whole world so sure that it cannot be moved; Ever since the world began, your throne has been established; you are from everlasting. The waters have lifted up, O LORD, the waters have lifted up their voice; the waters have lifted up their pounding waves. Mightier than the sound of many waters, mightier than the breakers of the sea, mightier is the Lord who dwells on high. Your testimonies are very sure, and holiness adorns your house, O Lord, for ever and for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD is King; he has put on splendid apparel; the Lord has put on his apparel and girded himself with strength.

GRADUAL PSALM: 110:1-4

The LORD said to my Lord, "Sit at my right hand, until I make your enemies your footstool." The LORD will send the scepter of your power out of Zion, saying, "Rule over your enemies round about you. Princely state has been yours from the day of your birth; in the beauty of holiness have I begotten you, like dew from the womb of the morning." The LORD has sworn and he will not recant: "You are a priest for ever after the order of Melchizedek."

Octave of Christmas

INTROIT PSALM: 8

O LORD our Governor, how exalted is your Name in all the world! Out of the mouths of infants and children your majesty is praised above the heavens. You have set up a stronghold against your adversaries, to quell the enemy and the avenger. When I consider your heavens, the work of your fingers, the moon and the stars you have set in their courses, What is man that you should be mindful of him? the son of man that you should seek him out? You have made him but little lower than the angels; you adorn him with glory and honor; You give him mastery over the works of your hands; you put all things under his feet: All sheep and oxen, even the wild beasts of the field, The birds of the air, the fish of the sea, and whatsoever walks in the paths of the sea. O LORD our Governor, how exalted is your Name in all the world!

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. O LORD our Governor, how exalted is your Name in all the world!

GRADUAL PSALM: 145:18-22

The LORD is righteous in all his ways and loving in all his works. The LORD is near to those who call upon him, to all who call upon him faithfully. He fulfills the desire of those who fear him; he hears their cry and helps them. The LORD preserves all those who love him, but he

destroys all the wicked. My mouth shall speak the praise of the LORD; let all flesh bless his holy Name for ever and ever.

Epiphany

INTROIT PSALM: 72:1-7

Give the King your justice, O God, and your righteousness to the King's Son; That he may rule your people righteously and the poor with justice. That the mountains may bring prosperity to the people, and the little hills bring righteousness. He shall defend the needy among the people; he shall rescue the poor and crush the oppressor. He shall live as long as the sun and moon endure, from one generation to another. He shall come down like rain upon the mown field, like showers that water the earth. In his time shall the righteous flourish; there shall be abundance of peace till the moon shall be no more.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Give the King your justice, O God, and your righteousness to the King's Son;

GRADUAL PSALM: 72:8-11

He shall rule from sea to sea, and from the River to the ends of the earth. His foes shall bow down before him, and his enemies lick the dust. The kings of Tarshish and of the isles shall pay tribute, and the kings of Arabia and Saba offer gifts. All kings shall bow down before him, and all the nations do him service.

Baptism of Christ

INTROIT PSALM: 98:1-4

Sing to the LORD a new song, for he has done marvelous things. With his right hand and his holy arm has he won for himself the victory. The LORD has made known his victory; his righteousness has he openly shown in the sight of the nations. He remembers his mercy and faithfulness to the house of Israel, and all the ends of the earth have seen the victory of our God.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD has made known his victory; his righteousness has he openly shown in the sight of the nations.

GRADUAL PSALM: 98:8–10

Let the sea make a noise and all that is in it, the lands and those who dwell therein. Let the rivers clap their hands, and let the hills ring out with joy before the Lord, when he comes to judge the earth. In righteousness shall he judge the world and the peoples with equity.

Epiphany 1

INTROIT PSALM: 100

Be joyful in the LORD, all you lands; serve the Lord with gladness and come before his presence with a song. Know this: The LORD himself is God; he himself has made us, and we are his; we are his people and the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise; give thanks to him and call upon his Name. For the LORD is good; his mercy is everlasting; and his faithfulness endures from age to age.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Be joyful in the LORD, all you lands; serve the Lord with gladness and come before his presence with a song.

GRADUAL PSALM: 84:1-4

How dear to me is your dwelling, O LORD of hosts! My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God. The sparrow has found her a house and the swallow a nest where she may lay her young; by the side of your altars, O Lord of hosts, my King and my God. Happy are they who dwell in your house! they will always be praising you. Happy are the people whose strength is in you! whose hearts are set on the pilgrims' way.

Epiphany 2

INTROIT PSALM: 66:1-3

Be joyful in God, all you lands; sing the glory of his Name; sing the glory of his praise. Say to God, "How awesome are your deeds! because of your great strength your enemies cringe before you. All the earth bows down before you, sings to you, sings out your Name."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. All the earth bows down before you, sings to you, sings out your Name."

GRADUAL PSALM: 107:8-9

Let them give thanks to the LORD for his mercy and the wonders he does for his children. For he satisfies the thirsty and fills the hungry with good things.

Epiphany 3

INTROIT PSALM: 148:1-6

Alleluia! Praise the LORD from the heavens; *praise him in the heights*. Praise him, all you angels of his; *praise him, all his host*. Praise him, sun and moon; *praise him, all you shining stars*. Praise

him, heaven of heavens, and you waters above the heavens. Let them praise the Name of the LORD; for he commanded, and they were created. He made them stand fast for ever and ever; he gave them a law which shall not pass away.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Praise him, all you angels of his; praise him, all his host.

GRADUAL PSALM: 102:15-18

The nations shall fear your Name, O LORD, and all the kings of the earth your glory. For the LORD will build up Zion, and his glory will appear. He will look with favor on the prayer of the homeless; he will not despise their plea. Let this be written for a future generation, so that a people vet unborn may praise the Lord.

Epiphany 4

INTROIT PSALM: 98:1-7

Sing to the LORD a new song, for he has done marvelous things. With his right hand and his holy arm has he won for himself the victory. The LORD has made known his victory; his righteousness has he openly shown in the sight of the nations. He remembers his mercy and faithfulness to the house of Israel, and all the ends of the earth have seen the victory of our God. Shout with joy to the LORD, all you lands; lift up your voice, rejoice, and sing. Sing to the LORD with the harp, with the harp and the voice of song. With trumpets and the sound of the horn shout with joy before the King, the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD has made known his victory; his righteousness has he openly shown in the sight of the nations.

GRADUAL PSALM: 98:8-10

Let the sea make a noise and all that is in it, the lands and those who dwell therein. Let the rivers clap their hands, and let the hills ring out with joy before the Lord, when he comes to judge the earth. In righteousness shall he judge the world and the peoples with equity.

Epiphany 5

INTROIT PSALM: 97:1-6

The LORD is King; let the earth rejoice; let the multitude of the isles be glad. Clouds and darkness are round about him, righteousness and justice are the foundations of his throne. A fire goes before him and burns up his enemies on every side. His lightnings light up the world; the earth sees it and is afraid. The mountains melt like wax at the presence of the LORD, at the presence of the Lord of the whole earth. The heavens declare his righteousness, and all the peoples see his glory.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The heavens declare his righteousness, and all the peoples see his glory.

GRADUAL PSALM: 126:5-7

Restore our fortunes, O LORD, *like the watercourses of the Negev*. Those who sowed with tears will reap with songs of joy. Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

Epiphany 6

INTROIT PSALM: 99:1-5

The LORD is King; let the people tremble; he is enthroned upon the cherubim; let the earth shake. The LORD is great in Zion; he is high above all peoples. Let them confess his Name, which is great and awesome; he is the Holy One. "O mighty King, lover of justice, you have established equity; you have executed justice and righteousness in Jacob." Proclaim the greatness of the LORD our God and fall down before his footstool; he is the Holy One.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD is King; let the people tremble; he is enthroned upon the cherubim; let the earth shake.

GRADUAL PSALM: 99:6-9

Moses and Aaron among his priests, and Samuel among those who call upon his Name, they called upon the Lord, and he answered them. He spoke to them out of the pillar of cloud; they kept his testimonies and the decree that he gave them. "O LORD our God, you answered them indeed; you were a God who forgave them, yet punished them for their evil deeds." Proclaim the greatness of the LORD our God and worship him upon his holy hill; for the Lord our God is the Holy One.

Septuagesima

INTROIT PSALM: 18:1-7

I love you, O LORD my strength, O Lord my stronghold, my crag, and my haven. My God, my rock in whom I put my trust, my shield, the horn of my salvation, and my refuge; you are worthy of praise. I will call upon the LORD, and so shall I be saved from my enemies. The breakers of death rolled over me, and the torrents of oblivion made me afraid. The cords of hell entangled me, and the snares of death were set for me. I called upon the LORD in my distress and cried out to my God for help. He heard my voice from his heavenly dwelling; my cry of anguish came to his ears.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. He heard my voice from his heavenly dwelling; my cry of anguish came to his ears.

GRADUAL PSALM: 119:25-32

My soul cleaves to the dust; give me life according to your word. I have confessed my ways, and you answered me; instruct me in your statutes. Make me understand the way of your commandments, that I may meditate on your marvelous works. My soul melts away for sorrow; strengthen me according to your word. Take from me the way of lying; let me find grace through your law. I have chosen the way of faithfulness; I have set your judgments before me. I hold fast to your decrees; O Lord, let me not be put to shame. I will run the way of your commandments, for you have set my heart at liberty.

Sexagesima

INTROIT PSALM: 44:23-26

Awake, O Lord! why are you sleeping? Arise! do not reject us for ever. Why have you hidden your face and forgotten our affliction and oppression? We sink down into the dust; our body cleaves to the ground. Rise up, and help us, and save us, for the sake of your steadfast love.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Awake, O Lord! why are you sleeping? Arise! do not reject us for ever.

GRADUAL PSALM: 17:6-9

I call upon you, O God, for you will answer me; incline your ear to me and hear my words. Show me your marvelous loving-kindness, O Savior of those who take refuge at your right hand from those who rise up against them. Keep me as the apple of your eye; hide me under the shadow of your wings, From the wicked who assault me, from my deadly enemies who surround me.

Quinquagesima

INTROIT PSALM: 31:1-5

In you, O LORD, have I taken refuge; let me never be put to shame; deliver me in your righteousness. Incline your ear to me; make haste to deliver me. Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; for the sake of your Name, lead me and guide me. Take me out of the net that they have secretly set for me, for you are my tower of strength. Into your hands I commend my spirit, for you have redeemed me, O Lord, O God of truth.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; for the sake of your Name, lead me and guide me.

GRADUAL PSALM: 31:19-22

How great is your goodness, O LORD! which you have laid up for those who fear you; which you have done in the sight of all for those who put their trust in you. You hide them in the covert of your presence from those who slander them; you keep them in your shelter from the strife of tongues. Blessed be the LORD! for he has shown me the wonders of his love in a besieged city. Yet I said in my alarm, "I have been cut off from the sight of your eyes." Nevertheless, you heard the sound of my entreaty when I cried out to you.

Ash Wednesday

INTROIT PSALM: 57:1-6

Be merciful to me, O God, be merciful, for I have taken refuge in you; in the shadow of your wings will I take refuge until this time of trouble has gone by. I will call upon the Most High God, the God who maintains my cause. He will send from heaven and save me; he will confound those who trample upon me; God will send forth his love and his faithfulness. I lie in the midst of lions that devour the people; their teeth are spears and arrows, their tongue a sharp sword. They have laid a net for my feet, and I am bowed low; they have dug a pit before me, but have fallen into it themselves. Exalt yourself above the heavens, O God, and your glory over all the earth.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Be merciful to me, O God, be merciful, for I have taken refuge in you; in the shadow of your wings will I take refuge until this time of trouble has gone by.

GRADUAL PSALM: 103:8-14

The LORD is full of compassion and mercy, slow to anger and of great kindness. He will not always accuse us, nor will he keep his anger for ever. He has not dealt with us according to our sins, nor rewarded us according to our wickedness.

Lent 1

INTROIT PSALM: 91:1-8

He who dwells in the shelter of the Most High, abides under the shadow of the Almighty. He shall say to the LORD, "You are my refuge and my stronghold, my God in whom I put my trust." He shall deliver you from the snare of the hunter and from the deadly pestilence. He shall cover you with his pinions, and you shall find refuge under his wings; his faithfulness shall be a shield and buckler. You shall not be afraid of any terror by night, nor of the arrow that flies by day; Of the

plague that stalks in the darkness, nor of the sickness that lays waste at mid-day. A thousand shall fall at your side and ten thousand at your right hand, but it shall not come near you. Your eyes have only to behold to see the reward of the wicked.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. He who dwells in the shelter of the Most High, abides under the shadow of the Almighty.

GRADUAL PSALM: 91:9-16

Because you have made the LORD your refuge, and the Most High your habitation, There shall no evil happen to you, neither shall any plague come near your dwelling. For he shall give his angels charge over you, to keep you in all your ways. They shall bear you in their hands, lest you dash your foot against a stone. You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet. Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my Name. He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honor. With long life will I satisfy him, and show him my salvation.

Lent 2

INTROIT PSALM: 25:1-6

To you, O LORD, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me. Let none who look to you be put to shame; let the treacherous be disappointed in their schemes. Show me your ways, O LORD, and teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long. Remember, O LORD, your compassion and love, for they are from everlasting. Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Show me your ways, O LORD, and teach me your paths.

GRADUAL PSALM: 123

To you I lift up my eyes, to you enthroned in the heavens. As the eyes of servants look to the hand of their masters, and the eyes of a maid to the hand of her mistress, So our eyes look to the LORD our God, until he show us his mercy. Have mercy upon us, O LORD, have mercy, for we have had more than enough of contempt, Too much of the scorn of the indolent rich, and of the derision of the proud.

Lent 3

INTROIT PSALM: 25:7-14

All the paths of the LORD are love and faithfulness to those who keep his covenant and his testimonies. For your Name's sake, O LORD, forgive my sin, for it is great. Who are they who fear the LORD? he will teach them the way that they should choose. They shall dwell in prosperity, and their offspring shall inherit the land. The LORD is a friend to those who fear him and will show them his covenant. My eyes are ever looking to the LORD, for he shall pluck my feet out of the net.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. My eyes are ever looking to the LORD, for he shall pluck my feet out of the net.

GRADUAL PSALM: 25:15-21

Turn to me and have pity on me, for I am left alone and in misery. The sorrows of my heart have increased; bring me out of my troubles. Look upon my adversity and misery and forgive me all my sin. Look upon my enemies, for they are many, and they bear a violent hatred against me. Protect my life and deliver me; let me not be put to shame, for I have trusted in you. Let integrity and uprightness preserve me, for my hope has been in you. Deliver Israel, O God, out of all his troubles.

Lent 4

INTROIT PSALM: 122

I was glad when they said to me, "Let us go to the house of the Lord." Now our feet are standing within your gates, O Jerusalem. Jerusalem is built as a city that is at unity with itself; To which the tribes go up, the tribes of the LORD, the assembly of Israel, to praise the Name of the Lord. For there are the thrones of judgment, the thrones of the house of David. Pray for the peace of Jerusalem: "May they prosper who love you. Peace be within your walls and quietness within your towers. For my brethren and companions' sake, I pray for your prosperity. Because of the house of the LORD our God, I will seek to do you good."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I was glad when they said to me, "Let us go to the house of the Lord."

GRADUAL PSALM: 125

Those who trust in the LORD are like Mount Zion, which cannot be moved, but stands fast for ever. The hills stand about Jerusalem; so does the Lord stand round about his people, from this time forth for evermore. The scepter of the wicked shall not hold sway over the land allotted to the just, so that the just shall not put their hands to evil. Show your goodness, O LORD, to those

who are good *and to those who are true of heart*. As for those who turn aside to crooked ways, the LORD will lead them away with the evildoers; *but peace be upon Israel*.

Passion Sunday

INTROIT PSALM: 43

Give judgment for me, O God, and defend my cause against an ungodly people; deliver me from the deceitful and the wicked. For you are the God of my strength; why have you put me from you? and why do I go so heavily while the enemy oppresses me? Send out your light and your truth, that they may lead me, and bring me to your holy hill and to your dwelling; That I may go to the altar of God, to the God of my joy and gladness; and on the harp I will give thanks to you, O God my God. Why are you so full of heaviness, O my soul? and why are you so disquieted within me? Put your trust in God; for I will yet give thanks to him, who is the help of my countenance, and my God.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Give judgment for me, O God, and defend my cause against an ungodly people; deliver me from the deceitful and the wicked.

GRADUAL PSALM: 143:1-10

LORD, hear my prayer, and in your faithfulness heed my supplications; answer me in your righteousness. Enter not into judgment with your servant, for in your sight shall no one living be justified. For my enemy has sought my life; he has crushed me to the ground; he has made me live in dark places like those who are long dead. My spirit faints within me; my heart within me is desolate. I remember the time past; I muse upon all your deeds; I consider the works of your hands. I spread out my hands to you; my soul gasps to you like a thirsty land. O LORD, make haste to answer me; my spirit fails me; do not hide your face from me or I shall be like those who go down to the Pit. Let me hear of your loving-kindness in the morning, for I put my trust in you; show me the road that I must walk, for I lift up my soul to you. Deliver me from my enemies, O LORD, for I flee to you for refuge. Teach me to do what pleases you, for you are my God; let your good Spirit lead me on level ground.

Palm Sunday

Note: The BCP 1962 only provides Psalm 118, as follows, for the traditional "Liturgy of Palms." It is customarily supplemented with other elements in this order: 1) Blessing of Palms, 2) Distribution of Palms while Psalm 118:19–29 is sung, 3) the Palm, 4) procession while singing "All glory, laud, and honour." This is followed by the second Introit, Psalm 22, which begins the Passion Liturgy for Palm Sunday.

INTROIT PSALM: 118:19-29

Open for me the gates of righteousness; *I will enter them; I will offer thanks to the Lord.* "This is the gate of the LORD; *he who is righteous may enter.*" I will give thanks to you, for you answered me *and have become my salvation.* The same stone which the builders rejected *has become the chief cornerstone.* This is the LORD'S doing, *and it is marvelous in our eyes.* On this day the LORD has acted; *we will rejoice and be glad in it.* Hosannah, LORD, hosannah! *Lord, send us now success.* Blessed is he who comes in the name of the Lord; *we bless you from the house of the Lord.* God is the LORD; he has shined upon us; *form a procession with branches up to the horns of the altar.* "You are my God, and I will thank you; *you are my God, and I will exalt you.*" Give thanks to the LORD, for he is good; *his mercy endures for ever.*

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Blessed is he who comes in the name of the Lord; we bless you from the house of the Lord.

ALTERNATE INTROIT PSALM: 22:1–11

My God, my God, why have you forsaken me? and are so far from my cry and from the words of my distress? O my God, I cry in the daytime, but you do not answer; by night as well, but I find no rest. Yet you are the Holy One, enthroned upon the praises of Israel. Our forefathers put their trust in you; they trusted, and you delivered them. They cried out to you and were delivered; they trusted in you and were not put to shame. But as for me, I am a worm and no man, scorned by all and despised by the people. All who see me laugh me to scorn; they curl their lips and wag their heads, saying, "He trusted in the LORD; let him deliver him; let him rescue him, if he delights in him." Yet you are he who took me out of the womb, and kept me safe upon my mother's breast. I have been entrusted to you ever since I was born; you were my God when I was still in my mother's womb.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. My God, my God, why have you forsaken me? and are so far from my cry and from the words of my distress?

GRADUAL PSALM: 22:12-20

Be not far from me, for trouble is near, and there is none to help. Many young bulls encircle me; strong bulls of Bashan surround me. They open wide their jaws at me, like a ravening and a roaring lion. I am poured out like water; all my bones are out of joint; my heart within my breast is melting wax. My mouth is dried out like a pot-sherd; my tongue sticks to the roof of my mouth; and you have laid me in the dust of the grave. Packs of dogs close me in, and gangs of evildoers circle around me; they pierce my hands and my feet; I can count all my bones. They stare and gloat over me; they divide my garments among them; they cast lots for my clothing. Be not far away, O LORD; you are my strength; hasten to help me. Save me from the sword, my life from the power of the dog. Save me from the lion's mouth, my wretched body from the horns of wild bulls.

Holy Monday

INTROIT PSALM: 35:1-3

Fight those who fight me, O LORD; attack those who are attacking me. Take up shield and armor and rise up to help me. Draw the sword and bar the way against those who pursue me; say to my soul, "I am your salvation."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Draw the sword and bar the way against those who pursue me; say to my soul, "I am your salvation."

GRADUAL PSALM: 79:8-10

Remember not our past sins; let your compassion be swift to meet us; for we have been brought very low. Help us, O God our Savior, for the glory of your Name; deliver us and forgive us our sins, for your Name's sake. Why should the heathen say, "Where is their God?" Let it be known among the heathen and in our sight that you avenge the shedding of your servants' blood.

Holy Tuesday

INTROIT PSALM: 69:18-23

Answer me, O LORD, for your love is kind; in your great compassion, turn to me. Hide not your face from your servant; be swift and answer me, for I am in distress. Draw near to me and redeem me; because of my enemies deliver me. You know my reproach, my shame, and my dishonor; my adversaries are all in your sight. Reproach has broken my heart, and it cannot be healed; I looked for sympathy, but there was none, for comforters, but I could find no one. They gave me gall to eat, and when I was thirsty, they gave me vinegar to drink.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Hide not your face from your servant; be swift and answer me, for I am in distress.

GRADUAL PSALM: 35:11-16

Malicious witnesses rise up against me; they charge me with matters I know nothing about. They pay me evil in exchange for good; my soul is full of despair. But when they were sick I dressed in sack-cloth and humbled myself by fasting; I prayed with my whole heart, as one would for a friend or a brother; I behaved like one who mourns for his mother, bowed down and grieving. But when I stumbled, they were glad and gathered together; they gathered against me; strangers whom I did not know tore me to pieces and would not stop. They put me to the test and mocked me; they gnashed at me with their teeth.

Holy Wednesday

INTROIT PSALM: 102:1-11

LORD, hear my prayer, and let my cry come before you; hide not your face from me in the day of my trouble. Incline your ear to me; when I call, make haste to answer me, For my days drift away like smoke, and my bones are hot as burning coals. My heart is smitten like grass and withered, so that I forget to eat my bread. Because of the voice of my groaning I am but skin and bones. I have become like a vulture in the wilderness, like an owl among the ruins. I lie awake and groan; I am like a sparrow, lonely on a house-top. My enemies revile me all day long, and those who scoff at me have taken an oath against me. For I have eaten ashes for bread and mingled my drink with weeping. Because of your indignation and wrath you have lifted me up and thrown me away. My days pass away like a shadow, and I wither like the grass.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. LORD, hear my prayer, and let my cry come before you; hide not your face from me in the day of my trouble.

GRADUAL PSALM: 55:13-15

For had it been an adversary who taunted me, then I could have borne it; or had it been an enemy who vaunted himself against me, then I could have hidden from him. But it was you, a man after my own heart, my companion, my own familiar friend. We took sweet counsel together, and walked with the throng in the house of God.

Maundy Thursday

INTROIT PSALM: 67

May God be merciful to us and bless us, show us the light of his countenance and come to us. Let your ways be known upon earth, your saving health among all nations. Let the peoples praise you, O God; let all the peoples praise you. Let the nations be glad and sing for joy, for you judge the peoples with equity and guide all the nations upon earth. Let the peoples praise you, O God; let all the peoples praise you. The earth has brought forth her increase; may God, our own God, give us his blessing. May God give us his blessing, and may all the ends of the earth stand in awe of him.

INTROIT PSALM: 22:21-25

I will declare your Name to my brethren; in the midst of the congregation I will praise you. Praise the LORD, you that fear him; stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory. For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; but when they cry to him he hears them. My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. The poor shall eat and be satisfied, and those who seek the LORD shall praise him: "May your heart live for ever!"

Good Friday

Note: The 1962 BCP does not appoint an Introit Psalm for Good Friday, perhaps with the intention that the Ministers enter in silence. However, these Anthems are appointed for use at Morning Prayer, and may be used as an Introit if Matins has not already been said.

INTROIT PSALM: GOOD FRIDAY ANTHEMS

Behold, the Lamb of God, who takes away the sin of the world! He was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed. In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might and honour and glory and blessing!

INTROIT PSALM: 54

Save me, O God, by your Name; in your might, defend my cause. Hear my prayer, O God; give ear to the words of my mouth. For the arrogant have risen up against me, and the ruthless have sought my life, those who have no regard for God. Behold, God is my helper; it is the Lord who sustains my life. Render evil to those who spy on me; in your faithfulness, destroy them. I will offer you a freewill sacrifice and praise your Name, O Lord, for it is good. For you have rescued me from every trouble, and my eye has seen the ruin of my foes.

Easter Even

INTROIT PSALM: 42:1-7

As the deer longs for the water-brooks, so longs my soul for you, O God. My soul is athirst for God, athirst for the living God; when shall I come to appear before the presence of God? My tears have been my food day and night, while all day long they say to me, "Where now is your God?" I pour out my soul when I think on these things; how I went with the multitude and led them into the house of God, With the voice of praise and thanksgiving, among those who keep holy-day. Why are you so full of heaviness, O my soul? and why are you so disquieted within me? Put your trust in God; for I will yet give thanks to him, who is the help of my countenance, and my God.

INTROIT PSALM: 42:8-15

My soul is heavy within me; therefore I will remember you from the land of Jordan, and from the peak of Mizar among the heights of Hermon. One deep calls to another in the noise of your cataracts; all your rapids and floods have gone over me. The LORD grants his loving-kindness in the daytime; in the night season his song is with me, a prayer to the God of my life. I will say to the God of my strength, "Why have you forgotten me? and why do I go so heavily while the enemy oppresses me?" While my bones are being broken, my enemies mock me to my face; All

day long they mock me and say to me, "Where now is your God?" Why are you so full of heaviness, O my soul? and why are you so disquieted within me? Put your trust in God; for I will yet give thanks to him, who is the help of my countenance, and my God.

Easter Day (I)

INTROIT PSALM: 139:1-5, 16-17

Alleluia! Praise the Name of the LORD; give praise, you servants of the Lord. You who stand in the house of the LORD, in the courts of the house of our God. Praise the LORD, for the LORD is good; sing praises to his Name, for it is lovely. For the LORD has chosen Jacob for himself and Israel for his own possession. For I know that the LORD is great, and that our Lord is above all gods. How deep I find your thoughts, O God! how great is the sum of them! If I were to count them, they would be more in number than the sand; to count them all, my life span would need to be like yours.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! How deep I find your thoughts, O God! how great is the sum of them! Alleluia!

Note: The following Anthems, provided in the BCP, may also be used for the Introit unless they have already been used at Matins.

ALTERNATE INTROIT PSALM: EASTER ANTHEMS

Alleluia! Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival, not with the old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth. Christ, being raised from the dead, will never die again; death no longer has dominion over him. For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus. Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival. Alleluia!

GRADUAL PSALM: 118:22-25

Alleluia! The same stone which the builders rejected has become the chief cornerstone. This is the LORD'S doing, and it is marvelous in our eyes. On this day the LORD has acted; we will rejoice and be glad in it. Hosannah, LORD, hosannah! Lord, send us now success. Alleluia!

Easter Day (II)

INTROIT PSALM: 30:1-6

Alleluia! I will exalt you, O LORD, because you have lifted me up and have not let my enemies triumph over me. O LORD my God, I cried out to you, and you restored me to health. You brought me up, O LORD, from the dead; you restored my life as I was going down to the grave. Sing to the LORD, you servants of his; give thanks for the remembrance of his holiness. For his wrath endures but the twinkling of an eye, his favor for a lifetime. Weeping may spend the night, but joy comes in the morning.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! I will exalt you, O LORD, because you have lifted me up and have not let my enemies triumph over me. Alleluia!

Note: The following Anthems, provided in the BCP, may also be used for the Introit unless they have already been used at Matins.

ALTERNATE INTROIT PSALM: : EASTER ANTHEMS

Alleluia! Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival, not with the old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth. Christ, being raised from the dead, will never die again; death no longer has dominion over him. For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus. Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival. Alleluia!

GRADUAL PSALM: 118:22-25

Alleluia! The same stone which the builders rejected has become the chief cornerstone. This is the LORD'S doing, and it is marvelous in our eyes. On this day the LORD has acted; we will rejoice and be glad in it. Hosannah, LORD, hosannah! Lord, send us now success. Alleluia!

Easter Monday

INTROIT PSALM: 105:1-6

Alleluia! Give thanks to the LORD and call upon his Name; *make known his deeds among the peoples*. Sing to him, sing praises to him, *and speak of all his marvelous works*. Glory in his holy Name; *let the hearts of those who seek the Lord rejoice*. Search for the LORD and his strength;

continually seek his face. Remember the marvels he has done, his wonders and the judgments of his mouth, O offspring of Abraham his servant, O children of Jacob his chosen.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! Give thanks to the LORD and call upon his Name; make known his deeds among the peoples. Alleluia!

GRADUAL PSALM: 118:22-25

Alleluia! The same stone which the builders rejected has become the chief cornerstone. This is the LORD'S doing, and it is marvelous in our eyes. On this day the LORD has acted; we will rejoice and be glad in it. Hosannah, LORD, hosannah! Lord, send us now success. Alleluia!

Easter Tuesday

INTROIT PSALM: 106:1-5

Alleluia! Give thanks to the LORD, for he is good, for his mercy endures for ever. Who can declare the mighty acts of the LORD or show forth all his praise? Happy are those who act with justice and always do what is right! Remember me, O LORD, with the favor you have for your people, and visit me with your saving help; That I may see the prosperity of your elect and be glad with the gladness of your people, that I may glory with your inheritance.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! Give thanks to the LORD, for he is good, for his mercy endures for ever. Alleluia!

GRADUAL PSALM: 118:22-25

Alleluia! The same stone which the builders rejected has become the chief cornerstone. This is the LORD'S doing, and it is marvelous in our eyes. On this day the LORD has acted; we will rejoice and be glad in it. Hosannah, LORD, hosannah! Lord, send us now success. Alleluia!

Easter 1

INTROIT PSALM: 81:1-4

Sing with joy to God our strength and raise a loud shout to the God of Jacob. Raise a song and sound the timbrel, the merry harp, and the lyre. Blow the ram's-horn at the new moon, and at the full moon, the day of our feast. For this is a statute for Israel, a law of the God of Jacob.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Sing with joy to God our strength and raise a loud shout to the God of Jacob.

GRADUAL PSALM: 118:22-25

Alleluia! The same stone which the builders rejected has become the chief cornerstone. This is the LORD'S doing, and it is marvelous in our eyes. On this day the LORD has acted; we will rejoice and be glad in it. Hosannah, LORD, hosannah! Lord, send us now success. Alleluia!

Easter 2

INTROIT PSALM: 33:1-9

Rejoice in the LORD, you righteous; it is good for the just to sing praises. Praise the LORD with the harp; play to him upon the psaltery and lyre. Sing for him a new song; sound a fanfare with all your skill upon the trumpet. For the word of the LORD is right, and all his works are sure. He loves righteousness and justice; the loving-kindness of the Lord fills the whole earth. By the word of the LORD were the heavens made, by the breath of his mouth all the heavenly hosts. He gathers up the waters of the ocean as in a water-skin and stores up the depths of the sea. Let all the earth fear the LORD; let all who dwell in the world stand in awe of him. For he spoke, and it came to pass; he commanded, and it stood fast.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. By the word of the LORD were the heavens made, by the breath of his mouth all the heavenly hosts.

GRADUAL PSALM: 63:1-3

O God, you are my God; *eagerly I seek you*; my soul thirsts for you, my flesh faints for you, *as in a barren and dry land where there is no water.* Therefore I have gazed upon you in your holy place, *that I might behold your power and your glory.* For your loving-kindness is better than life itself; *my lips shall give you praise.*

Easter 3

INTROIT PSALM: 66:1-6

Be joyful in God, all you lands; sing the glory of his Name; sing the glory of his praise. Say to God, "How awesome are your deeds! because of your great strength your enemies cringe before you. All the earth bows down before you, sings to you, sings out your Name." Come now and see the works of God, how wonderful he is in his doing toward all people. He turned the sea into dry land, so that they went through the water on foot, and there we rejoiced in him. In his might he rules for ever; his eyes keep watch over the nations; let no rebel rise up against him.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Be joyful in God, all you lands; sing the glory of his Name; sing the glory of his praise.

GRADUAL PSALM: 66:7-8

Bless our God, you peoples; make the voice of his praise to be heard; Who holds our souls in life, and will not allow our feet to slip.

Easter 4

INTROIT PSALM: 98:1-4

Sing to the LORD a new song, for he has done marvelous things. With his right hand and his holy arm has he won for himself the victory. The LORD has made known his victory; his righteousness has he openly shown in the sight of the nations. He remembers his mercy and faithfulness to the house of Israel, and all the ends of the earth have seen the victory of our God.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Sing to the LORD a new song, for he has done marvelous things.

GRADUAL PSALM: 118:15-18

There is a sound of exultation and victory in the tents of the righteous: "The right hand of the LORD has triumphed! the right hand of the Lord is exalted! the right hand of the Lord has triumphed!" I shall not die, but live, and declare the works of the Lord. The LORD has punished me sorely, but he did not hand me over to death.

Rogation Sunday

INTROIT PSALM: 107:1-9

Give thanks to the LORD, for he is good, and his mercy endures for ever. Let all those whom the LORD has redeemed proclaim that he redeemed them from the hand of the foe. He gathered them out of the lands; from the east and from the west, from the north and from the south. Some wandered in desert wastes; they found no way to a city where they might dwell. They were hungry and thirsty; their spirits languished within them. Then they cried to the LORD in their trouble, and he delivered them from their distress. He put their feet on a straight path to go to a city where they might dwell. Let them give thanks to the LORD for his mercy and the wonders he does for his children. For he satisfies the thirsty and fills the hungry with good things.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Let them give thanks to the LORD for his mercy and the wonders he does for his children.

GRADUAL PSALM: 66:14-18

Come and listen, all you who fear God, and I will tell you what he has done for me. I called out to him with my mouth, and his praise was on my tongue. If I had found evil in my heart, the Lord

would not have heard me; But in truth God has heard me; he has attended to the voice of my prayer. Blessed be God, who has not rejected my prayer, nor withheld his love from me.

Ascension Day

INTROIT PSALM: 47:1-7

Clap your hands, all you peoples; shout to God with a cry of joy. For the LORD Most High is to be feared; he is the great King over all the earth. He subdues the peoples under us, and the nations under our feet. He chooses our inheritance for us, the pride of Jacob whom he loves. God has gone up with a shout, the Lord with the sound of the ram's-horn. Sing praises to God, sing praises; sing praises to our King, sing praises. For God is King of all the earth; sing praises with all your skill.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. God has gone up with a shout, the Lord with the sound of the ram's-horn.

GRADUAL PSALM: 68:17-20

The chariots of God are twenty thousand, even thousands of thousands; the Lord comes in holiness from Sinai. You have gone up on high and led captivity captive; you have received gifts even from your enemies, that the Lord God might dwell among them. Blessed be the Lord day by day, the God of our salvation, who bears our burdens. He is our God, the God of our salvation; God is the Lord, by whom we escape death.

Ascension 1

INTROIT PSALM: 27:1-14

The LORD is my light and my salvation; whom then shall I fear? the Lord is the strength of my life; of whom then shall I be afraid? When evildoers came upon me to eat up my flesh, it was they, my foes and my adversaries, who stumbled and fell. Though an army should encamp against me, yet my heart shall not be afraid; And though war should rise up against me, yet will I put my trust in him. One thing have I asked of the LORD; one thing I seek; that I may dwell in the house of the Lord all the days of my life; To behold the fair beauty of the LORD and to seek him in his temple. For in the day of trouble he shall keep me safe in his shelter; he shall hide me in the secrecy of his dwelling and set me high upon a rock. Even now he lifts up my head above my enemies round about me. Therefore I will offer in his dwelling an oblation with sounds of great gladness; I will sing and make music to the Lord. Hearken to my voice, O LORD, when I call; have mercy on me and answer me. You speak in my heart and say, "Seek my face." Your face, Lord, will I seek. Hide not your face from me, nor turn away your servant in displeasure. You have been my helper; cast me not away; do not forsake me, O God of my salvation. Though my father and my mother forsake me, the Lord will sustain me.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. One thing have I asked of the LORD; one thing I seek; that I may dwell in the house of the Lord all the days of my life.

GRADUAL PSALM: 47:5-10

God has gone up with a shout, the Lord with the sound of the ram's-horn. Sing praises to God, sing praises; sing praises to our King, sing praises. For God is King of all the earth; sing praises with all your skill. God reigns over the nations; God sits upon his holy throne. The nobles of the peoples have gathered together with the people of the God of Abraham. The rulers of the earth belong to God, and he is highly exalted.

Pentecost

INTROIT PSALM: 68:1-6

Let God arise, and let his enemies be scattered; let those who hate him flee before him. Let them vanish like smoke when the wind drives it away; as the wax melts at the fire, so let the wicked perish at the presence of God. But let the righteous be glad and rejoice before God; let them also be merry and joyful. Sing to God, sing praises to his Name; exalt him who rides upon the heavens; Yahweh is his Name, rejoice before him! Father of orphans, defender of widows, God in his holy habitation! God gives the solitary a home and brings forth prisoners into freedom; but the rebels shall live in dry places.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Let God arise, and let his enemies be scattered; let those who hate him flee before him.

ALTERNATE INTROIT PSALM: PENTECOST ANTHEMS

Oh sing to the Lord a new song, for he has done marvelous things! Christ, being exalted at the right hand of God, and having received from the Father the promise of the Holy Spirit, has poured out this that you yourselves are seeing and hearing. And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" And we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit. Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Note: Or Psalm 122.

GRADUAL PSALM: 68:7-10

O God, when you went forth before your people, when you marched through the wilderness, The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, at the

presence of God, the God of Israel. You sent a gracious rain, O God, upon your inheritance; you refreshed the land when it was weary. Your people found their home in it; in your goodness, O God, you have made provision for the poor.

ALTERNATE GRADUAL PSALM: 125

Those who trust in the LORD are like Mount Zion, which cannot be moved, but stands fast for ever. The hills stand about Jerusalem; so does the Lord stand round about his people, from this time forth for evermore. The scepter of the wicked shall not hold sway over the land allotted to the just, so that the just shall not put their hands to evil. Show your goodness, O LORD, to those who are good and to those who are true of heart. As for those who turn aside to crooked ways, the LORD will lead them away with the evildoers; but peace be upon Israel.

Pentecost Monday

INTROIT PSALM: 81:13-16

Oh, that my people would listen to me! that Israel would walk in my ways! I should soon subdue their enemies and turn my hand against their foes. Those who hate the LORD would cringe before him, and their punishment would last for ever. But Israel would I feed with the finest wheat and satisfy him with honey from the rock.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Oh, that my people would listen to me! that Israel would walk in my ways!

GRADUAL PSALM: 104:28-31

All creatures look to you to give them their food in due season. You give it to them; they gather it; you open your hand, and they are filled with good things. You hide your face, and they are terrified; you take away their breath, and they die and return to their dust. You send forth your Spirit, and they are created; and so you renew the face of the earth.

Pentecost Tuesday

INTROIT PSALM: 78:1–7

Hear my teaching, O my people; incline your ears to the words of my mouth. I will open my mouth in a parable; I will declare the mysteries of ancient times. That which we have heard and known, and what our forefathers have told us, we will not hide from their children. We will recount to generations to come the praiseworthy deeds and the power of the LORD, and the wonderful works he has done. He gave his decrees to Jacob and established a law for Israel, which he commanded them to teach their children; That the generations to come might know, and the children yet unborn; that they in their turn might tell it to their children; So that they might put their trust in God, and not forget the deeds of God, but keep his commandments.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Hear my teaching, O my people; incline your ears to the words of my mouth.

GRADUAL PSALM: 23:1-4

The LORD is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters. He revives my soul and guides me along right pathways for his Name's sake. Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me.

Trinity Sunday

INTROIT PSALM: 8

O LORD our Governor, how exalted is your Name in all the world! Out of the mouths of infants and children your majesty is praised above the heavens. You have set up a stronghold against your adversaries, to quell the enemy and the avenger. When I consider your heavens, the work of your fingers, the moon and the stars you have set in their courses, What is man that you should be mindful of him? the son of man that you should seek him out? You have made him but little lower than the angels; you adorn him with glory and honor; You give him mastery over the works of your hands; you put all things under his feet: All sheep and oxen, even the wild beasts of the field, The birds of the air, the fish of the sea, and whatsoever walks in the paths of the sea. O LORD our Governor, how exalted is your Name in all the world!

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. O LORD our Governor, how exalted is your Name in all the world!

GRADUAL PSALM: 136:1-3

Give thanks to the LORD, for he is good, *for his mercy endures for ever*. Give thanks to the God of gods, *for his mercy endures for ever*. Give thanks to the Lord of lords, *for his mercy endures for ever*.

Trinity 1

INTROIT PSALM: 13

How long, O LORD? will you forget me for ever? how long will you hide your face from me? How long shall I have perplexity in my mind, and grief in my heart, day after day? how long shall my enemy triumph over me? Look upon me and answer me, O LORD my God; give light to my eyes, lest I sleep in death; Lest my enemy say, "I have prevailed over him," and my foes rejoice that I have fallen. But I put my trust in your mercy; my heart is joyful because of your saving help. I will sing to the LORD, for he has dealt with me richly; I will praise the Name of the Lord Most High.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will sing to the LORD, for he has dealt with me richly; I will praise the Name of the Lord Most High.

GRADUAL PSALM: 41:1-4

Happy are they who consider the poor and needy! the Lord will deliver them in the time of trouble. The LORD preserves them and keeps them alive, so that they may be happy in the land; he does not hand them over to the will of their enemies. The LORD sustains them on their sickbed and ministers to them in their illness. I said, "LORD, be merciful to me; heal me, for I have sinned against you."

Trinity 2

INTROIT PSALM: 18:17-20

He reached down from on high and grasped me; he drew me out of great waters. He delivered me from my strong enemies and from those who hated me; for they were too mighty for me. They confronted me in the day of my disaster; but the Lord was my support. He brought me out into an open place; he rescued me because he delighted in me.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. He brought me out into an open place; he rescued me because he delighted in me.

GRADUAL PSALM: 23:5-6

You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

Trinity 3

INTROIT PSALM: 25:15-21

Turn to me and have pity on me, for I am left alone and in misery. The sorrows of my heart have increased; bring me out of my troubles. Look upon my adversity and misery and forgive me all my sin. Look upon my enemies, for they are many, and they bear a violent hatred against me. Protect my life and deliver me; let me not be put to shame, for I have trusted in you. Let integrity and uprightness preserve me, for my hope has been in you. Deliver Israel, O God, out of all his troubles.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Turn to me and have pity on me, for I am left alone and in misery.

GRADUAL PSALM: 7:10-12

Let the malice of the wicked come to an end, but establish the righteous; for you test the mind and heart, O righteous God. God is my shield and defense; he is the savior of the true in heart. God is a righteous judge; God sits in judgment every day.

Trinity 4

INTROIT PSALM: 27:1-9

The LORD is my light and my salvation; whom then shall I fear? the Lord is the strength of my life; of whom then shall I be afraid? When evildoers came upon me to eat up my flesh, it was they, my foes and my adversaries, who stumbled and fell. Though an army should encamp against me, yet my heart shall not be afraid; And though war should rise up against me, yet will I put my trust in him. One thing have I asked of the LORD; one thing I seek; that I may dwell in the house of the Lord all the days of my life; To behold the fair beauty of the LORD and to seek him in his temple. For in the day of trouble he shall keep me safe in his shelter; he shall hide me in the secrecy of his dwelling and set me high upon a rock. Even now he lifts up my head above my enemies round about me. Therefore I will offer in his dwelling an oblation with sounds of great gladness; I will sing and make music to the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD is my light and my salvation; whom then shall I fear? the Lord is the strength of my life; of whom then shall I be afraid?

GRADUAL PSALM: 9:9-12

The LORD will be a refuge for the oppressed, a refuge in time of trouble. Those who know your Name will put their trust in you, for you never forsake those who seek you, O Lord. Sing praise to the LORD who dwells in Zion; proclaim to the peoples the things he has done. The Avenger of blood will remember them; he will not forget the cry of the afflicted.

Trinity 5

INTROIT PSALM: 27:10–18

Hearken to my voice, O LORD, when I call; have mercy on me and answer me. You speak in my heart and say, "Seek my face." Your face, Lord, will I seek. Hide not your face from me, nor turn away your servant in displeasure. You have been my helper; cast me not away; do not forsake me, O God of my salvation. Though my father and my mother forsake me, the Lord will sustain me. Show me your way, O LORD; lead me on a level path, because of my enemies. Deliver me not into the hand of my adversaries, for false witnesses have risen up against me, and also those who speak malice. What if I had not believed that I should see the goodness of the LORD in the land of the living! O tarry and await the LORD'S pleasure; be strong, and he shall comfort your heart; wait patiently for the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Hearken to my voice, O LORD, when I call; have mercy on me and answer me.

GRADUAL PSALM: 84:7–12

LORD God of hosts, hear my prayer; hearken, O God of Jacob. Behold our defender, O God; and look upon the face of your Anointed. For one day in your courts is better than a thousand in my own room, and to stand at the threshold of the house of my God than to dwell in the tents of the wicked. For the LORD God is both sun and shield; he will give grace and glory; No good thing will the LORD withhold from those who walk with integrity. O LORD of hosts, happy are they who put their trust in you!

Trinity 6

INTROIT PSALM: 28:7-11

Blessed is the LORD! for he has heard the voice of my prayer. The LORD is my strength and my shield; my heart trusts in him, and I have been helped; Therefore my heart dances for joy, and in my song will I praise him. The LORD is the strength of his people, a safe refuge for his anointed. Save your people and bless your inheritance; shepherd them and carry them for ever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD is the strength of his people, a safe refuge for his anointed.

GRADUAL PSALM: 90:13-17

Return, O LORD; how long will you tarry? be gracious to your servants. Satisfy us by your loving-kindness in the morning; so shall we rejoice and be glad all the days of our life. Make us glad by the measure of the days that you afflicted us and the years in which we suffered adversity. Show your servants your works and your splendor to their children. May the graciousness of the LORD our God be upon us; prosper the work of our hands; prosper our handiwork.

Trinity 7

INTROIT PSALM: 47:1-4

Clap your hands, all you peoples; **shout to God with a cry of joy.** For the LORD Most High is to be feared; **he is the great King over all the earth.** He subdues the peoples under us, **and the nations under our feet.** He chooses our inheritance for us, **the pride of Jacob whom he loves.**

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Clap your hands, all you peoples; shout to God with a cry of joy.

GRADUAL PSALM: 34:11-15

Come, children, and listen to me; *I will teach you the fear of the Lord.* Who among you loves life and desires long life to enjoy prosperity? Keep your tongue from evil-speaking and your lips from lying words. Turn from evil and do good; seek peace and pursue it. The eyes of the LORD are upon the righteous, and his ears are open to their cry.

Trinity 8

INTROIT PSALM: 48:1-10

Great is the LORD, and highly to be praised; in the city of our God is his holy hill. Beautiful and lofty, the joy of all the earth, is the hill of Zion, the very center of the world and the city of the great King. God is in her citadels; he is known to be her sure refuge. Behold, the kings of the earth assembled and marched forward together. They looked and were astounded; they retreated and fled in terror. Trembling seized them there; they writhed like a woman in childbirth, like ships of the sea when the east wind shatters them. As we have heard, so have we seen, in the city of the LORD of hosts, in the city of our God; God has established her for ever. We have waited in silence on your loving-kindness, O God, in the midst of your temple. Your praise, like your Name, O God, reaches to the world's end; your right hand is full of justice. Let Mount Zion be glad and the cities of Judah rejoice, because of your judgments.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. We have waited in silence on your loving-kindness, O God, in the midst of your temple.

GRADUAL PSALM: 48:11-13

Make the circuit of Zion; walk round about her; count the number of her towers. Consider well her bulwarks; examine her strongholds; that you may tell those who come after. This God is our God for ever and ever; he shall be our guide for evermore.

Trinity 9

INTROIT PSALM: 54

Save me, O God, by your Name; in your might, defend my cause. Hear my prayer, O God; give ear to the words of my mouth. For the arrogant have risen up against me, and the ruthless have sought my life, those who have no regard for God. Behold, God is my helper; it is the Lord who sustains my life. Render evil to those who spy on me; in your faithfulness, destroy them. I will offer you a freewill sacrifice and praise your Name, O Lord, for it is good. For you have rescued me from every trouble, and my eye has seen the ruin of my foes.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Behold, God is my helper; it is the Lord who sustains my life.

GRADUAL PSALM: 105:39-43

He spread out a cloud for a covering and a fire to give light in the night season. They asked, and quails appeared, and he satisfied them with bread from heaven. He opened the rock, and water flowed, so the river ran in the dry places. For God remembered his holy word and Abraham his servant. So he led forth his people with gladness, his chosen with shouts of joy.

Trinity 10

INTROIT PSALM: 55:1-9, 24

Hear my prayer, O God; do not hide yourself from my petition. Listen to me and answer me; I have no peace, because of my cares. I am shaken by the noise of the enemy and by the pressure of the wicked; For they have cast an evil spell upon me and are set against me in fury. My heart quakes within me, and the terrors of death have fallen upon me. Fear and trembling have come over me, and horror overwhelms me. And I said, "Oh, that I had wings like a dove! I would fly away and be at rest. I would flee to a far-off place and make my lodging in the wilderness. I would hasten to escape from the stormy wind and tempest." Cast your burden upon the LORD, and he will sustain you; he will never let the righteous stumble.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Cast your burden upon the LORD, and he will sustain you; he will never let the righteous stumble.

GRADUAL PSALM: 137

By the waters of Babylon we sat down and wept, when we remembered you, O Zion. As for our harps, we hung them up on the trees in the midst of that land. For those who led us away captive asked us for a song, and our oppressors called for mirth: "Sing us one of the songs of Zion." How shall we sing the LORD'S song upon an alien soil? If I forget you, O Jerusalem, let my right hand forget its skill. Let my tongue cleave to the roof of my mouth if I do not remember you, if I do not set Jerusalem above my highest joy.

Trinity 11

INTROIT PSALM: 111

I will give thanks to the LORD with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the LORD! they are studied by all who delight in them. His work is full of majesty and splendor, and his righteousness endures for ever. He makes his marvelous works to be remembered; the Lord is gracious and full of compassion. He gives food to those who fear him; he is ever mindful of his covenant. He has shown his people the power of his works in giving them the lands of the nations. The works of his hands are faithfulness and justice; all his commandments are sure. They stand fast for ever and ever, because they are done in truth and equity. He sent redemption to his people; he commanded his covenant for ever; holy

and awesome is his Name. The fear of the LORD is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will give thanks to the LORD with my whole heart, in the assembly of the upright, in the congregation.

GRADUAL PSALM: 51:16-18

Open my lips, O Lord, and my mouth shall proclaim your praise. Had you desired it, I would have offered sacrifice, but you take no delight in burnt-offerings. The sacrifice of God is a troubled spirit; a broken and contrite heart, O God, you will not despise.

Trinity 12

INTROIT PSALM: 70

Be pleased, O God, to deliver me; *O Lord, make haste to help me*. Let those who seek my life be ashamed and altogether dismayed; *let those who take pleasure in my misfortune draw back and be disgraced*. Let those who say to me "Aha!" and gloat over me turn back, *because they are ashamed*. Let all who seek you rejoice and be glad in you; *let those who love your salvation say for ever, "Great is the Lord!"* But as for me, I am poor and needy; *come to me speedily, O God*. You are my helper and my deliverer; O LORD, do not tarry.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Be pleased, O God, to deliver me; O Lord, make haste to help me.

GRADUAL PSALM: 34:1-5

I will bless the LORD at all times; his praise shall ever be in my mouth. I will glory in the LORD; let the humble hear and rejoice. Proclaim with me the greatness of the LORD; let us exalt his Name together. I sought the LORD, and he answered me and delivered me out of all my terror. Look upon him and be radiant, and let not your faces be ashamed.

Trinity 13

INTROIT PSALM: 90:1–12

Lord, you have been our refuge from one generation to another. Before the mountains were brought forth, or the land and the earth were born, from age to age you are God. You turn us back to the dust and say, "Go back, O child of earth." For a thousand years in your sight are like yesterday when it is past and like a watch in the night. You sweep us away like a dream; we fade away suddenly like the grass. In the morning it is green and flourishes; in the evening it is dried up and withered. For we consume away in your displeasure; we are afraid because of your wrathful indignation. Our iniquities you have set before you, and our secret sins in the light of your countenance. When you are angry, all our days are gone; we bring our years to an end like

a sigh. The span of our life is seventy years, perhaps in strength even eighty; yet the sum of them is but labor and sorrow, for they pass away quickly and we are gone. Who regards the power of your wrath? who rightly fears your indignation? So teach us to number our days that we may apply our hearts to wisdom.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Lord, you have been our refuge from one generation to another.

GRADUAL PSALM: 90:13-17

Return, O LORD; how long will you tarry? be gracious to your servants. Satisfy us by your loving-kindness in the morning; so shall we rejoice and be glad all the days of our life. Make us glad by the measure of the days that you afflicted us and the years in which we suffered adversity. Show your servants your works and your splendor to their children. May the graciousness of the LORD our God be upon us; prosper the work of our hands; prosper our handiwork.

Trinity 14

INTROIT PSALM: 84

How dear to me is your dwelling, O LORD of hosts! My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God. The sparrow has found her a house and the swallow a nest where she may lay her young; by the side of your altars, O Lord of hosts, my King and my God. Happy are they who dwell in your house! they will always be praising you. Happy are the people whose strength is in you! whose hearts are set on the pilgrims' way. Those who go through the desolate valley will find it a place of springs, for the early rains have covered it with pools of water. They will climb from height to height, and the God of gods will reveal himself in Zion. LORD God of hosts, hear my prayer; hearken, O God of Jacob. Behold our defender, O God; and look upon the face of your Anointed. For one day in your courts is better than a thousand in my own room, and to stand at the threshold of the house of my God than to dwell in the tents of the wicked. For the LORD God is both sun and shield; he will give grace and glory; No good thing will the LORD withhold from those who walk with integrity. O LORD of hosts, happy are they who put their trust in you!

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. One day in your courts is better than a thousand in my own room, and to stand at the threshold of the house of my God than to dwell in the tents of the wicked.

GRADUAL PSALM: 95:1-3

Come, let us sing to the LORD; let us shout for joy to the Rock of our salvation. Let us come before his presence with thanksgiving and raise a loud shout to him with psalms. For the LORD is a great God, and a great King above all gods.

Trinity 15

INTROIT PSALM: 86:1-7

Bow down your ear, O LORD, and answer me, for I am poor and in misery. Keep watch over my life, for I am faithful; save your servant who puts his trust in you. Be merciful to me, O LORD, for you are my God; I call upon you all the day long. Gladden the soul of your servant, for to you, O Lord, I lift up my soul. For you, O LORD, are good and forgiving, and great is your love toward all who call upon you. Give ear, O LORD, to my prayer, and attend to the voice of my supplications. In the time of my trouble I will call upon you, for you will answer me.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Bow down your ear, O LORD, and answer me, for I am poor and in misery.

GRADUAL PSALM: 92:1-4

It is a good thing to give thanks to the LORD, and to sing praises to your Name, O Most High; To tell of your loving-kindness early in the morning and of your faithfulness in the night season; On the psaltery, and on the lyre, and to the melody of the harp. For you have made me glad by your acts, O LORD; and I shout for joy because of the works of your hands.

Trinity 16

INTROIT PSALM: 146:1-6

Alleluia! Praise the LORD, O my soul! I will praise the Lord as long as I live; I will sing praises to my God while I have my being. Put not your trust in rulers, nor in any child of earth, for there is no help in them. When they breathe their last, they return to earth, and in that day their thoughts perish. Happy are they who have the God of Jacob for their help! whose hope is in the Lord their God; Who made heaven and earth, the seas, and all that is in them; who keeps his promise for ever; Who gives justice to those who are oppressed, and food to those who hunger.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Praise the LORD, O my soul! I will praise the Lord as long as I live; I will sing praises to my God while I have my being.

GRADUAL PSALM: 146:7-9

The LORD sets the prisoners free; the LORD opens the eyes of the blind; the Lord lifts up those who are bowed down; The LORD loves the righteous; the LORD cares for the stranger; he sustains the orphan and widow, but frustrates the way of the wicked. The LORD shall reign for ever, your God, O Zion, throughout all generations. Alleluia!

Trinity 17

INTROIT PSALM: 119:137-144

You are righteous, O LORD, and upright are your judgments. You have issued your decrees with justice and in perfect faithfulness. My indignation has consumed me, because my enemies forget your words. Your word has been tested to the uttermost, and your servant holds it dear. I am small and of little account, yet I do not forget your commandments. Your justice is an everlasting justice and your law is the truth. Trouble and distress have come upon me, yet your commandments are my delight. The righteousness of your decrees is everlasting; grant me understanding, that I may live.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. You are righteous, O LORD, and upright are your judgments.

GRADUAL PSALM: 131

O LORD, I am not proud; *I have no haughty looks*. I do not occupy myself with great matters, *or with things that are too hard for me*. But I still my soul and make it quiet, like a child upon its mother's breast; *my soul is quieted within me*. O Israel, wait upon the LORD, *from this time forth for evermore*.

Trinity 18

INTROIT PSALM: 122:1-5

I was glad when they said to me, "Let us go to the house of the Lord." Now our feet are standing within your gates, O Jerusalem. Jerusalem is built as a city that is at unity with itself; To which the tribes go up, the tribes of the LORD, the assembly of Israel, to praise the Name of the Lord. For there are the thrones of judgment, the thrones of the house of David.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I was glad when they said to me, "Let us go to the house of the Lord."

GRADUAL PSALM: 122:6-9

Pray for the peace of Jerusalem: "May they prosper who love you. Peace be within your walls and quietness within your towers. For my brethren and companions' sake, I pray for your prosperity. Because of the house of the LORD our God, I will seek to do you good."

Trinity 19

INTROIT PSALM: 138

I will give thanks to you, O LORD, with my whole heart; before the gods I will sing your praise. I will bow down toward your holy temple and praise your Name, because of your love and

faithfulness; For you have glorified your Name and your word above all things. When I called, you answered me; you increased my strength within me. All the kings of the earth will praise you, O LORD, when they have heard the words of your mouth. They will sing of the ways of the LORD, that great is the glory of the Lord. Though the LORD be high, he cares for the lowly; he perceives the haughty from afar. Though I walk in the midst of trouble, you keep me safe; you stretch forth your hand against the fury of my enemies; your right hand shall save me. The LORD will make good his purpose for me; O Lord, your love endures for ever; do not abandon the works of your hands.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will bow down toward your holy temple and praise your Name, because of your love and faithfulness.

GRADUAL PSALM: 103:1-5

Bless the LORD, O my soul, and all that is within me, bless his holy Name. Bless the LORD, O my soul, and forget not all his benefits. He forgives all your sins and heals all your infirmities; He redeems your life from the grave and crowns you with mercy and loving-kindness; He satisfies you with good things, and your youth is renewed like an eagle's.

Trinity 20

INTROIT PSALM: 145:1-13

I will exalt you, O God my King, and bless your Name for ever and ever. Every day will I bless you and praise your Name for ever and ever. Great is the LORD and greatly to be praised; there is no end to his greatness. One generation shall praise your works to another and shall declare your power. I will ponder the glorious splendor of your majesty and all your marvelous works. They shall speak of the might of your wondrous acts, and I will tell of your greatness. They shall publish the remembrance of your great goodness; they shall sing of your righteous deeds. The LORD is gracious and full of compassion, slow to anger and of great kindness. The LORD is loving to everyone and his compassion is over all his works. All your works praise you, O LORD, and your faithful servants bless you. They make known the glory of your kingdom and speak of your power; That the peoples may know of your power and the glorious splendor of your kingdom. Your kingdom is an everlasting kingdom; your dominion endures throughout all ages.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will exalt you, O God my King, and bless your Name for ever and ever.

GRADUAL PSALM: 145:14-17

The LORD is faithful in all his words and merciful in all his deeds. The LORD upholds all those who fall; he lifts up those who are bowed down. The eyes of all wait upon you, O LORD, and you give them their food in due season. You open wide your hand and satisfy the needs of every living creature.

Trinity 21

INTROIT PSALM: 119:1-8

Happy are they whose way is blameless, who walk in the law of the Lord! Happy are they who observe his decrees and seek him with all their hearts! Who never do any wrong, but always walk in his ways. You laid down your commandments, that we should fully keep them. Oh, that my ways were made so direct that I might keep your statutes! Then I should not be put to shame, when I regard all your commandments. I will thank you with an unfeigned heart, when I have learned your righteous judgments. I will keep your statutes; do not utterly forsake me.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Happy are they whose way is blameless, who walk in the law of the Lord!

GRADUAL PSALM: 114:1-4

Alleluia! When Israel came out of Egypt, the house of Jacob from a people of strange speech, Judah became God's sanctuary and Israel his dominion. The sea beheld it and fled; Jordan turned and went back. The mountains skipped like rams, and the little hills like young sheep.

Trinity 22

INTROIT PSALM: 130

Out of the depths have I called to you, O LORD; LORD, hear my voice; let your ears consider well the voice of my supplication. If you, LORD, were to note what is done amiss, O Lord, who could stand? For there is forgiveness with you; therefore you shall be feared. I wait for the LORD; my soul waits for him; in his word is my hope. My soul waits for the LORD, more than watchmen for the morning, more than watchmen for the morning. O Israel, wait for the LORD, for with the Lord there is mercy; With him there is plenteous redemption, and he shall redeem Israel from all their sins.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. If you, LORD, were to note what is done amiss, O Lord, who could stand?

GRADUAL PSALM: 133

Oh, how good and pleasant it is, when brethren live together in unity! It is like fine oil upon the head that runs down upon the beard, Upon the beard of Aaron, and runs down upon the collar of his robe. It is like the dew of Hermon that falls upon the hills of Zion. For there the LORD has ordained the blessing: life for evermore.

Trinity 23

INTROIT PSALM: 121

I lift up my eyes to the hills; from where is my help to come? My help comes from the LORD, the maker of heaven and earth. He will not let your foot be moved and he who watches over you will not fall asleep. Behold, he who keeps watch over Israel shall neither slumber nor sleep; The LORD himself watches over you; the Lord is your shade at your right hand, So that the sun shall not strike you by day, nor the moon by night. The LORD shall preserve you from all evil; it is he who shall keep you safe. The LORD shall watch over your going out and your coming in, from this time forth for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD shall preserve you from all evil; it is he who shall keep you safe.

GRADUAL PSALM: 24:7-10

Lift up your heads, O gates; lift them high, O everlasting doors; and the King of glory shall come in. "Who is this King of glory?" "The Lord, strong and mighty, the Lord, mighty in battle." Lift up your heads, O gates; lift them high, O everlasting doors; and the King of glory shall come in. "Who is he, this King of glory?" "The Lord of hosts, he is the King of glory."

Trinity 24

INTROIT PSALM: 147:1-12

Alleluia! How good it is to sing praises to our God! how pleasant it is to honor him with praise! The LORD rebuilds Jerusalem; he gathers the exiles of Israel. He heals the brokenhearted and binds up their wounds. He counts the number of the stars and calls them all by their names. Great is our LORD and mighty in power; there is no limit to his wisdom. The LORD lifts up the lowly, but casts the wicked to the ground. Sing to the LORD with thanksgiving; make music to our God upon the harp. He covers the heavens with clouds and prepares rain for the earth; He makes grass to grow upon the mountains and green plants to serve mankind. He provides food for flocks and herds and for the young ravens when they cry. He is not impressed by the might of a horse; he has no pleasure in the strength of a man; But the LORD has pleasure in those who fear him, in those who await his gracious favor.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. But the LORD has pleasure in those who fear him, in those who await his gracious favor.

GRADUAL PSALM: 147:13-16

Worship the LORD, O Jerusalem; *praise your God, O Zion*; For he has strengthened the bars of your gates; *he has blessed your children within you*. He has established peace on your borders;

he satisfies you with the finest wheat. He sends out his command to the earth, and his word runs very swiftly.

Sunday before Advent

INTROIT PSALM: 85:1-7

You have been gracious to your land, O LORD, you have restored the good fortune of Jacob. You have forgiven the iniquity of your people and blotted out all their sins. You have withdrawn all your fury and turned yourself from your wrathful indignation. Restore us then, O God our Savior; let your anger depart from us. Will you be displeased with us for ever? will you prolong your anger from age to age? Will you not give us life again, that your people may rejoice in you? Show us your mercy, O LORD, and grant us your salvation.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Will you not give us life again, that your people may rejoice in you?

GRADUAL PSALM: 85:8-13

I will listen to what the LORD God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him. Truly, his salvation is very near to those who fear him, that his glory may dwell in our land. Mercy and truth have met together; righteousness and peace have kissed each other. Truth shall spring up from the earth, and righteousness shall look down from heaven. The LORD will indeed grant prosperity, and our land will yield its increase. Righteousness shall go before him, and peace shall be a pathway for his feet.

St Andrew

INTROIT PSALM: 92:1-4

It is a good thing to give thanks to the LORD, and to sing praises to your Name, O Most High; To tell of your loving-kindness early in the morning and of your faithfulness in the night season; On the psaltery, and on the lyre, and to the melody of the harp. For you have made me glad by your acts, O LORD; and I shout for joy because of the works of your hands.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. It is a good thing to give thanks to the LORD, and to sing praises to your Name, O Most High.

GRADUAL PSALM: 92:11-14

The righteous shall flourish like a palm tree, and shall spread abroad like a cedar of Lebanon. Those who are planted in the house of the LORD shall flourish in the courts of our God; They shall still bear fruit in old age; they shall be green and succulent; That they may show how upright the LORD is, my Rock, in whom there is no fault.

St Thomas

INTROIT PSALM: 139:1-11

LORD, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar. You trace my journeys and my resting-places and are acquainted with all my ways. Indeed, there is not a word on my lips, but you, O Lord, know it altogether. You press upon me behind and before and lay your hand upon me. Such knowledge is too wonderful for me; it is so high that I cannot attain to it. Where can I go then from your Spirit? where can I flee from your presence? If I climb up to heaven, you are there; if I make the grave my bed, you are there also. If I take the wings of the morning and dwell in the uttermost parts of the sea, Even there your hand will lead me and your right hand hold me fast. If I say, "Surely the darkness will cover me, and the light around me turn to night," Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Such knowledge is too wonderful for me; it is so high that I cannot attain to it.

GRADUAL PSALM: 30:1-6

I will exalt you, O LORD, because you have lifted me up and have not let my enemies triumph over me. O LORD my God, I cried out to you, and you restored me to health. You brought me up, O LORD, from the dead; you restored my life as I was going down to the grave. Sing to the LORD, you servants of his; give thanks for the remembrance of his holiness. For his wrath endures but the twinkling of an eye, his favor for a lifetime. Weeping may spend the night, but joy comes in the morning.

Conversion of St Paul

INTROIT PSALM: 126

When the LORD restored the fortunes of Zion, then were we like those who dream. Then was our mouth filled with laughter, and our tongue with shouts of joy. Then they said among the nations, "The Lord has done great things for them." The LORD has done great things for us, and we are glad indeed. Restore our fortunes, O LORD, like the watercourses of the Negev. Those who sowed with tears will reap with songs of joy. Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

GRADUAL PSALM: 117

Praise the LORD, all you nations; *laud him, all you peoples*. For his loving-kindness toward us is great, *and the faithfulness of the Lord endures for ever. Alleluia!*

Presentation of Christ

INTROIT PSALM: 48:1-10

Great is the LORD, and highly to be praised; in the city of our God is his holy hill. Beautiful and lofty, the joy of all the earth, is the hill of Zion, the very center of the world and the city of the great King. God is in her citadels; he is known to be her sure refuge. Behold, the kings of the earth assembled and marched forward together. They looked and were astounded; they retreated and fled in terror. Trembling seized them there; they writhed like a woman in childbirth, like ships of the sea when the east wind shatters them. As we have heard, so have we seen, in the city of the LORD of hosts, in the city of our God; God has established her for ever. We have waited in silence on your loving-kindness, O God, in the midst of your temple. Your praise, like your Name, O God, reaches to the world's end; your right hand is full of justice. Let Mount Zion be glad and the cities of Judah rejoice, because of your judgments.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. We have waited in silence on your loving-kindness, O God, in the midst of your temple.

GRADUAL PSALM: 48:11–13

Make the circuit of Zion; walk round about her; count the number of her towers. Consider well her bulwarks; examine her strongholds; that you may tell those who come after. This God is our God for ever and ever; he shall be our guide for evermore.

St Matthias

INTROIT PSALM: 16:1-6

Protect me, O God, for I take refuge in you; I have said to the Lord, "You are my Lord, my good above all other." All my delight is upon the godly that are in the land, upon those who are noble among the people. But those who run after other gods shall have their troubles multiplied. Their libations of blood I will not offer, nor take the names of their gods upon my lips. O LORD, you are my portion and my cup; it is you who uphold my lot. My boundaries enclose a pleasant land; indeed, I have a goodly heritage.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. O LORD, you are my portion and my cup; it is you who uphold my lot.

GRADUAL PSALM: 80:8-11

You have brought a vine out of Egypt; you cast out the nations and planted it. You prepared the ground for it; it took root and filled the land. The mountains were covered by its shadow and the towering cedar trees by its boughs. You stretched out its tendrils to the Sea and its branches to the River.

Annunciation

INTROIT PSALM: 45:11–16

Hear, O daughter; consider and listen closely; forget your people and your father's house. The king will have pleasure in your beauty; he is your master; therefore do him honor. The people of Tyre are here with a gift; the rich among the people seek your favor." All glorious is the princess as she enters; her gown is cloth-of-gold. In embroidered apparel she is brought to the king; after her the bridesmaids follow in procession. With joy and gladness they are brought, and enter into the palace of the king.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The king will have pleasure in your beauty; he is your master; therefore do him honor.

GRADUAL PSALM: 131

O LORD, I am not proud; *I have no haughty looks*. I do not occupy myself with great matters, *or with things that are too hard for me*. But I still my soul and make it quiet, like a child upon its mother's breast; *my soul is quieted within me*. O Israel, wait upon the LORD, *from this time forth for evermore*.

St Mark

INTROIT PSALM: 45:1-5

My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer. You are the fairest of men; grace flows from your lips, because God has blessed you for ever. Strap your sword upon your thigh, O mighty warrior, in your pride and in your majesty. Ride out and conquer in the cause of truth and for the sake of justice.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer.

GRADUAL PSALM: 119:9-16

How shall a young man cleanse his way? By keeping to your words. With my whole heart I seek you; let me not stray from your commandments. I treasure your promise in my heart, that I may

not sin against you. Blessed are you, O LORD; instruct me in your statutes. With my lips will I recite all the judgments of your mouth. I have taken greater delight in the way of your decrees than in all manner of riches. I will meditate on your commandments and give attention to your ways. My delight is in your statutes; I will not forget your word.

St Philip & St James

INTROIT PSALM: 33:1-6

Rejoice in the LORD, you righteous; it is good for the just to sing praises. Praise the LORD with the harp; play to him upon the psaltery and lyre. Sing for him a new song; sound a fanfare with all your skill upon the trumpet. For the word of the LORD is right, and all his works are sure. He loves righteousness and justice; the loving-kindness of the Lord fills the whole earth. By the word of the LORD were the heavens made, by the breath of his mouth all the heavenly hosts.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Rejoice in the LORD, you righteous; it is good for the just to sing praises.

GRADUAL PSALM: 89:5-8

The heavens bear witness to your wonders, O LORD, and to your faithfulness in the assembly of the holy ones; For who in the skies can be compared to the LORD? who is like the Lord among the gods? God is much to be feared in the council of the holy ones, great and terrible to all those round about him. Who is like you, LORD God of hosts? O mighty Lord, your faithfulness is all around you.

St Barnabas

INTROIT PSALM: 112

Alleluia! Happy are they who fear the Lord and have great delight in his commandments! Their descendants will be mighty in the land; the generation of the upright will be blessed. Wealth and riches will be in their house, and their righteousness will last for ever. Light shines in the darkness for the upright; the righteous are merciful and full of compassion. It is good for them to be generous in lending and to manage their affairs with justice. For they will never be shaken; the righteous will be kept in everlasting remembrance. They will not be afraid of any evil rumors; their heart is right; they put their trust in the Lord. Their heart is established and will not shrink, until they see their desire upon their enemies. They have given freely to the poor, and their righteousness stands fast for ever; they will hold up their head with honor. The wicked will see it and be angry; they will gnash their teeth and pine away; the desires of the wicked will perish.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. They have given freely to the poor, and their righteousness stands fast for ever; they will hold up their head with honor.

GRADUAL PSALM: 145:8-13

The LORD is gracious and full of compassion, slow to anger and of great kindness. The LORD is loving to everyone and his compassion is over all his works. All your works praise you, O LORD, and your faithful servants bless you. They make known the glory of your kingdom and speak of your power; That the peoples may know of your power and the glorious splendor of your kingdom. Your kingdom is an everlasting kingdom; your dominion endures throughout all ages.

St John Baptist

INTROIT PSALM: 46:1-8

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth be moved, and though the mountains be toppled into the depths of the sea; Though its waters rage and foam, and though the mountains tremble at its tumult. The LORD of hosts is with us; the God of Jacob is our stronghold. There is a river whose streams make glad the city of God, the holy habitation of the Most High. God is in the midst of her; she shall not be overthrown; God shall help her at the break of day. The nations make much ado, and the kingdoms are shaken; God has spoken, and the earth shall melt away. The LORD of hosts is with us; the God of Jacob is our stronghold.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The nations make much ado, and the kingdoms are shaken; God has spoken, and the earth shall melt away.

GRADUAL PSALM: 119:161-168

Rulers have persecuted me without a cause, but my heart stands in awe of your word. I am as glad because of your promise as one who finds great spoils. As for lies, I hate and abhor them, but your law is my love. Seven times a day do I praise you, because of your righteous judgments. Great peace have they who love your law; for them there is no stumbling block. I have hoped for your salvation, O LORD, and have fulfilled your commandments. I have kept your decrees and I have loved them deeply. I have kept your commandments and decrees, for all my ways are before you.

Canada Day

INTROIT PSALM: 46:1-8

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth be moved, and though the mountains be toppled into the depths of the sea; Though its waters rage and foam, and though the mountains tremble at its tumult. The LORD of hosts is with us; the God of Jacob is our stronghold. There is a river whose streams make glad the city of God, the holy habitation of the Most High. God is in the midst of her; she shall not be overthrown;

God shall help her at the break of day. The nations make much ado, and the kingdoms are shaken; God has spoken, and the earth shall melt away. The LORD of hosts is with us; the God of Jacob is our stronghold.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD of hosts is with us; the God of Jacob is our stronghold.

GRADUAL PSALM: 46:9-12

Come now and look upon the works of the LORD, what awesome things he has done on earth. It is he who makes war to cease in all the world; he breaks the bow, and shatters the spear, and burns the shields with fire. "Be still, then, and know that I am God; I will be exalted among the nations; I will be exalted in the earth." The LORD of hosts is with us; the God of Jacob is our stronghold.

St Peter & St Paul (I)

INTROIT PSALM: 87

On the holy mountain stands the city he has founded; the Lord loves the gates of Zion more than all the dwellings of Jacob. Glorious things are spoken of you, O city of our God. I count Egypt and Babylon among those who know me; behold Philistia, Tyre, and Ethiopia: in Zion were they born. Of Zion it shall be said, "Everyone was born in her, and the Most High himself shall sustain her." The LORD will record as he enrolls the peoples, "These also were born there." The singers and the dancers will say, "All my fresh springs are in you."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. On the holy mountain stands the city he has founded; the Lord loves the gates of Zion more than all the dwellings of Jacob.

Note: Or the Introit for the second service in the Octave of Saint Peter and Paul.

INTROIT PSALM: 31:1-3

In you, O LORD, have I taken refuge; let me never be put to shame; *deliver me in your righteousness*. Incline your ear to me; *make haste to deliver me*. Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; *for the sake of your Name, lead me and guide me*.

Note: Or the Gradual for the second service in the Octave of Saint Peter and Paul.

St Peter & St Paul (II)

INTROIT PSALM: 18:1-7

I love you, O LORD my strength, O Lord my stronghold, my crag, and my haven. My God, my rock in whom I put my trust, my shield, the horn of my salvation, and my refuge; you are worthy of praise. I will call upon the LORD, and so shall I be saved from my enemies. The breakers of death rolled over me, and the torrents of oblivion made me afraid. The cords of hell entangled me, and the snares of death were set for me. I called upon the LORD in my distress and cried out to my God for help. He heard my voice from his heavenly dwelling; my cry of anguish came to his ears.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I love you, O LORD my strength, O Lord my stronghold, my crag, and my haven.

Note: Or the Introit for the Day of Saint Peter and Paul.

INTROIT PSALM: 80:14

Turn now, O God of hosts, look down from heaven; behold and tend this vine; *preserve what your right hand has planted*.

Note: Or the Gradual for the Day of Saint Peter and Paul.

St Mary Magdalene

INTROIT PSALM: 139:1-11

LORD, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar. You trace my journeys and my resting-places and are acquainted with all my ways. Indeed, there is not a word on my lips, but you, O Lord, know it altogether. You press upon me behind and before and lay your hand upon me. Such knowledge is too wonderful for me; it is so high that I cannot attain to it. Where can I go then from your Spirit? where can I flee from your presence? If I climb up to heaven, you are there; if I make the grave my bed, you are there also. If I take the wings of the morning and dwell in the uttermost parts of the sea, Even there your hand will lead me and your right hand hold me fast. If I say, "Surely the darkness will cover me, and the light around me turn to night," Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Where can I go then from your Spirit? where can I flee from your presence?

GRADUAL PSALM: 30:1-6

I will exalt you, O LORD, because you have lifted me up and have not let my enemies triumph over me. O LORD my God, I cried out to you, and you restored me to health. You brought me up, O LORD, from the dead; you restored my life as I was going down to the grave. Sing to the LORD, you servants of his; give thanks for the remembrance of his holiness. For his wrath endures but the twinkling of an eye, his favor for a lifetime. Weeping may spend the night, but joy comes in the morning.

St James

INTROIT PSALM: 15

LORD, who may dwell in your tabernacle? who may abide upon your holy hill? Whoever leads a blameless life and does what is right, who speaks the truth from his heart. There is no guile upon his tongue; he does no evil to his friend; he does not heap contempt upon his neighbor. In his sight the wicked is rejected, but he honors those who fear the Lord. He has sworn to do no wrong and does not take back his word. He does not give his money in hope of gain, nor does he take a bribe against the innocent. Whoever does these things shall never be overthrown.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Whoever does these things shall never be overthrown.

GRADUAL PSALM: 149:1-6

Alleluia! Sing to the LORD a new song; sing his praise in the congregation of the faithful. Let Israel rejoice in his Maker; let the children of Zion be joyful in their King. Let them praise his Name in the dance; let them sing praise to him with timbrel and harp. For the LORD takes pleasure in his people and adorns the poor with victory. Let the faithful rejoice in triumph; let them be joyful on their beds. Let the praises of God be in their throat and a two-edged sword in their hand.

Transfiguration

INTROIT PSALM: 84:1-6

How dear to me is your dwelling, O LORD of hosts! My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God. The sparrow has found her a house and the swallow a nest where she may lay her young; by the side of your altars, O Lord of hosts, my King and my God. Happy are they who dwell in your house! they will always be praising you. Happy are the people whose strength is in you! whose hearts are set on the pilgrims' way. Those who go through the desolate valley will find it a place of springs, for the early rains have covered it with pools of water. They will climb from height to height, and the God of gods will reveal himself in Zion.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. They will climb from height to height, and the God of gods will reveal himself in Zion.

GRADUAL PSALM: 84:7-12

LORD God of hosts, hear my prayer; hearken, O God of Jacob. Behold our defender, O God; and look upon the face of your Anointed. For one day in your courts is better than a thousand in my own room, and to stand at the threshold of the house of my God than to dwell in the tents of the wicked. For the LORD God is both sun and shield; he will give grace and glory; No good thing will the LORD withhold from those who walk with integrity. O LORD of hosts, happy are they who put their trust in you!

St Bartholomew

INTROIT PSALM: 116:10-17

How shall I repay the LORD for all the good things he has done for me? I will lift up the cup of salvation and call upon the Name of the Lord. I will fulfill my vows to the LORD in the presence of all his people. Precious in the sight of the LORD is the death of his servants. O LORD, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds. I will offer you the sacrifice of thanksgiving and call upon the Name of the Lord. I will fulfill my vows to the LORD in the presence of all his people, In the courts of the LORD'S house, in the midst of you, O Jerusalem. Alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. O LORD, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds.

GRADUAL PSALM: 97:10-12

The LORD loves those who hate evil; he preserves the lives of his saints and delivers them from the hand of the wicked. Light has sprung up for the righteous, and joyful gladness for those who are truehearted. Rejoice in the LORD, you righteous, and give thanks to his holy Name.

St Matthew

INTROIT PSALM: 119:65-72

O LORD, you have dealt graciously with your servant, according to your word. Teach me discernment and knowledge, for I have believed in your commandments. Before I was afflicted I went astray, but now I keep your word. You are good and you bring forth good; instruct me in your statutes. The proud have smeared me with lies, but I will keep your commandments with my whole heart. Their heart is gross and fat, but my delight is in your law. It is good for me that I

have been afflicted, that I might learn your statutes. The law of your mouth is dearer to me than thousands in gold and silver.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The law of your mouth is dearer to me than thousands in gold and silver.

GRADUAL PSALM: 119:89-96

O LORD, your word is everlasting; it stands firm in the heavens. Your faithfulness remains from one generation to another; you established the earth, and it abides. By your decree these continue to this day, for all things are your servants. If my delight had not been in your law, I should have perished in my affliction. I will never forget your commandments, because by them you give me life. I am yours; oh, that you would save me! for I study your commandments. Though the wicked lie in wait for me to destroy me, I will apply my mind to your decrees. I see that all things come to an end, but your commandment has no bounds.

St Michael & All Angels

INTROIT PSALM: 103:19-22

The LORD has set his throne in heaven, and his kingship has dominion over all. Bless the LORD, you angels of his, you mighty ones who do his bidding, and hearken to the voice of his word. Bless the LORD, all you his hosts, you ministers of his who do his will. Bless the LORD, all you works of his, in all places of his dominion; bless the Lord, O my soul.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Bless the LORD, you angels of his, you mighty ones who do his bidding, and hearken to the voice of his word.

GRADUAL PSALM: 148:1-3

Alleluia! Praise the LORD from the heavens; *praise him in the heights*. Praise him, all you angels of his; *praise him, all his host*. Praise him, sun and moon; *praise him, all you shining stars*.

St Luke

INTROIT PSALM: 45:1-5

My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer. You are the fairest of men; grace flows from your lips, because God has blessed you for ever. Strap your sword upon your thigh, O mighty warrior, in your pride and in your majesty. Ride out and conquer in the cause of truth and for the sake of justice.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer.

GRADUAL PSALM: 37:32-33

The mouth of the righteous utters wisdom, and their tongue speaks what is right. The law of their God is in their heart, and their footsteps shall not falter.

St Simon & St Jude

INTROIT PSALM: 87

On the holy mountain stands the city he has founded; the Lord loves the gates of Zion more than all the dwellings of Jacob. Glorious things are spoken of you, O city of our God. I count Egypt and Babylon among those who know me; behold Philistia, Tyre, and Ethiopia: in Zion were they born. Of Zion it shall be said, "Everyone was born in her, and the Most High himself shall sustain her." The LORD will record as he enrolls the peoples, "These also were born there." The singers and the dancers will say, "All my fresh springs are in you."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. On the holy mountain stands the city he has founded; the Lord loves the gates of Zion more than all the dwellings of Jacob.

GRADUAL PSALM: 45:17-18

In place of fathers, O king, you shall have sons; you shall make them princes over all the earth. I will make your name to be remembered from one generation to another; therefore nations will praise you for ever and ever.

All Saints

INTROIT PSALM: 33:1-5

Rejoice in the LORD, you righteous; it is good for the just to sing praises. Praise the LORD with the harp; play to him upon the psaltery and lyre. Sing for him a new song; sound a fanfare with all your skill upon the trumpet. For the word of the LORD is right, and all his works are sure. He loves righteousness and justice; the loving-kindness of the Lord fills the whole earth.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Rejoice in the LORD, you righteous; it is good for the just to sing praises.

GRADUAL PSALM: 34:8-10

Taste and see that the LORD is good; *happy are they who trust in him!* Fear the LORD, you that are his saints, *for those who fear him lack nothing*. The young lions lack and suffer hunger, *but those who seek the Lord lack nothing that is good*.

All Souls

INTROIT PSALM: 65:1-4

Rest eternal grant unto them, O Lord; and let light perpetual shine upon them. You are to be praised, O God, in Zion; to you shall vows be performed in Jerusalem. To you that hear prayer shall all flesh come, because of their transgressions. Our sins are stronger than we are, but you will blot them out. Happy are they whom you choose and draw to your courts to dwell there! they will be satisfied by the beauty of your house, by the holiness of your temple.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Rest eternal grant unto them, O Lord; and let light perpetual shine upon them.

GRADUAL PSALM: 112:4-7

Light shines in the darkness for the upright; the righteous are merciful and full of compassion. It is good for them to be generous in lending and to manage their affairs with justice. For they will never be shaken; the righteous will be kept in everlasting remembrance. They will not be afraid of any evil rumors; their heart is right; they put their trust in the Lord.

Any Saint

INTROIT PSALM: 145:8-13

The LORD is gracious and full of compassion, slow to anger and of great kindness. The LORD is loving to everyone and his compassion is over all his works. All your works praise you, O LORD, and your faithful servants bless you. They make known the glory of your kingdom and speak of your power; That the peoples may know of your power and the glorious splendor of your kingdom. Your kingdom is an everlasting kingdom; your dominion endures throughout all ages.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. All your works praise you, O LORD, and your faithful servants bless you.

GRADUAL PSALM: 92:11-14

The righteous shall flourish like a palm tree, and shall spread abroad like a cedar of Lebanon. Those who are planted in the house of the LORD shall flourish in the courts of our God; They shall still bear fruit in old age; they shall be green and succulent; That they may show how upright the LORD is, my Rock, in whom there is no fault.

Blessed Virgin Mary

INTROIT PSALM: 85:8-13

I will listen to what the LORD God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him. Truly, his salvation is very near to those who fear him, that his glory may dwell in our land. Mercy and truth have met together; righteousness and peace have kissed each other. Truth shall spring up from the earth, and righteousness shall look down from heaven. The LORD will indeed grant prosperity, and our land will yield its increase. Righteousness shall go before him, and peace shall be a pathway for his feet.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Truth shall spring up from the earth, and righteousness shall look down from heaven.

GRADUAL PSALM: 66:14-18

Come and listen, all you who fear God, and I will tell you what he has done for me. I called out to him with my mouth, and his praise was on my tongue. If I had found evil in my heart, the Lord would not have heard me; But in truth God has heard me; he has attended to the voice of my prayer. Blessed be God, who has not rejected my prayer, nor withheld his love from me.

Martyrs

INTROIT PSALM: 119:161-168

Rulers have persecuted me without a cause, but my heart stands in awe of your word. I am as glad because of your promise as one who finds great spoils. As for lies, I hate and abhor them, but your law is my love. Seven times a day do I praise you, because of your righteous judgments. Great peace have they who love your law; for them there is no stumbling block. I have hoped for your salvation, O LORD, and have fulfilled your commandments. I have kept your decrees and I have loved them deeply. I have kept your commandments and decrees, for all my ways are before you.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Rulers have persecuted me without a cause, but my heart stands in awe of your word.

GRADUAL PSALM: 116:10-13

How shall I repay the LORD for all the good things he has done for me? I will lift up the cup of salvation and call upon the Name of the Lord. I will fulfill my vows to the LORD in the presence of all his people. Precious in the sight of the LORD is the death of his servants.

Bishops

INTROIT PSALM: 132:11-18

The LORD has sworn an oath to David; in truth, he will not break it: "A son, the fruit of your body will I set upon your throne. If your children keep my covenant and my testimonies that I shall teach them, their children will sit upon your throne for evermore." For the LORD has chosen Zion; he has desired her for his habitation: "This shall be my resting-place for ever; here will I dwell, for I delight in her. I will surely bless her provisions, and satisfy her poor with bread. I will clothe her priests with salvation, and her faithful people will rejoice and sing. There will I make the horn of David flourish; I have prepared a lamp for my Anointed.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will clothe her priests with salvation, and her faithful people will rejoice and sing.

ALTERNATE INTROIT PSALM: 23

The LORD is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters. He revives my soul and guides me along right pathways for his Name's sake. Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me. You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD is my shepherd; I shall not be in want.

GRADUAL PSALM: 135:1-4

Alleluia! Praise the Name of the LORD; give praise, you servants of the Lord. You who stand in the house of the LORD, in the courts of the house of our God. Praise the LORD, for the LORD is good; sing praises to his Name, for it is lovely. For the LORD has chosen Jacob for himself and Israel for his own possession.

Missionaries

INTROIT PSALM: 96:1-9

Sing to the LORD a new song; sing to the Lord, all the whole earth. Sing to the LORD and bless his Name; proclaim the good news of his salvation from day to day. Declare his glory among the nations and his wonders among all peoples. For great is the LORD and greatly to be praised; he is more to be feared than all gods. As for all the gods of the nations, they are but idols; but it is the Lord who made the heavens. Oh, the majesty and magnificence of his presence! Oh, the power and the splendor of his sanctuary! Ascribe to the LORD, you families of the peoples; ascribe to

the Lord honor and power. Ascribe to the LORD the honor due his Name; bring offerings and come into his courts. Worship the LORD in the beauty of holiness; let the whole earth tremble before him.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Sing to the LORD a new song; sing to the Lord, all the whole earth.

ALTERNATE INTROIT PSALM: 67

May God be merciful to us and bless us, show us the light of his countenance and come to us. Let your ways be known upon earth, your saving health among all nations. Let the peoples praise you, O God; let all the peoples praise you. Let the nations be glad and sing for joy, for you judge the peoples with equity and guide all the nations upon earth. Let the peoples praise you, O God; let all the peoples praise you. The earth has brought forth her increase; may God, our own God, give us his blessing. May God give us his blessing, and may all the ends of the earth stand in awe of him.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Let the peoples praise you, O God; let all the peoples praise you.

GRADUAL PSALM: 96:10-13

Tell it out among the nations: "The LORD is King! he has made the world so firm that it cannot be moved; he will judge the peoples with equity." Let the heavens rejoice, and let the earth be glad; let the sea thunder and all that is in it; let the field be joyful and all that is therein. Then shall all the trees of the wood shout for joy before the LORD when he comes, when he comes to judge the earth. He will judge the world with righteousness and the peoples with his truth.

Holy Women

INTROIT PSALM: 119:1-8

Happy are they whose way is blameless, who walk in the law of the Lord! Happy are they who observe his decrees and seek him with all their hearts! Who never do any wrong, but always walk in his ways. You laid down your commandments, that we should fully keep them. Oh, that my ways were made so direct that I might keep your statutes! Then I should not be put to shame, when I regard all your commandments. I will thank you with an unfeigned heart, when I have learned your righteous judgments. I will keep your statutes; do not utterly forsake me.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Happy are they whose way is blameless, who walk in the law of the Lord!

GRADUAL PSALM: 34:7-10

I will bless the LORD at all times; *his praise shall ever be in my mouth*. I will glory in the LORD; *let the humble hear and rejoice*. Proclaim with me the greatness of the LORD; *let us exalt his Name together*. I sought the LORD, and he answered me *and delivered me out of all my terror*.

Doctors

INTROIT PSALM: 1:1-3

Happy are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the seats of the scornful! Their delight is in the law of the LORD, and they meditate on his law day and night. They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; everything they do shall prosper.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Their delight is in the law of the LORD, and they meditate on his law day and night.

ALTERNATE INTROIT PSALM: 45:1-4

My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer. You are the fairest of men; grace flows from your lips, because God has blessed you for ever. Strap your sword upon your thigh, O mighty warrior, in your pride and in your majesty. Ride out and conquer in the cause of truth and for the sake of justice.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer.

GRADUAL PSALM: 37:32-33

The mouth of the righteous utters wisdom, and their tongue speaks what is right. The law of their God is in their heart, and their footsteps shall not falter.

Founders

INTROIT PSALM: 89:1-4

Your love, O LORD, for ever will I sing; from age to age my mouth will proclaim your faithfulness. For I am persuaded that your love is established for ever; you have set your faithfulness firmly in the heavens. "I have made a covenant with my chosen one; I have sworn an oath to David my servant: 'I will establish your line for ever, and preserve your throne for all generations."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will establish your line for ever, and preserve your throne for all generations.

GRADUAL PSALM: 126

When the LORD restored the fortunes of Zion, then were we like those who dream. Then was our mouth filled with laughter, and our tongue with shouts of joy. Then they said among the nations, "The Lord has done great things for them." The LORD has done great things for us, and we are glad indeed. Restore our fortunes, O LORD, like the watercourses of the Negev. Those who sowed with tears will reap with songs of joy. Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

Pentecost Ember Days (I)

INTROIT PSALM: 132:7-10

Let us go to God's dwelling place; let us fall upon our knees before his footstool." Arise, O LORD, into your resting-place, you and the ark of your strength. Let your priests be clothed with righteousness; let your faithful people sing with joy. For your servant David's sake, do not turn away the face of your Anointed.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Let your priests be clothed with righteousness; let your faithful people sing with joy.

GRADUAL PSALM: 135:19-21

Bless the LORD, O house of Israel; *O house of Aaron, bless the Lord.* Bless the LORD, O house of Levi; *you who fear the Lord, bless the Lord.* Blessed be the LORD out of Zion, *who dwells in Jerusalem. Alleluia!*

Advent Ember Days

INTROIT PSALM: 119:145-152

I call with my whole heart; answer me, O Lord, that I may keep your statutes. I call to you; oh, that you would save me! I will keep your decrees. Early in the morning I cry out to you, for in your word is my trust. My eyes are open in the night watches, that I may meditate upon your promise. Hear my voice, O LORD, according to your loving-kindness; according to your judgments, give me life. They draw near who in malice persecute me; they are very far from your law. You, O LORD, are near at hand, and all your commandments are true. Long have I known from your decrees that you have established them for ever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I call with my whole heart; answer me, O Lord, that I may keep your statutes.

GRADUAL PSALM: 85:8-13

I will listen to what the LORD God is saying, for he is speaking peace to his faithful people and to those who turn their hearts to him. Truly, his salvation is very near to those who fear him, that his glory may dwell in our land. Mercy and truth have met together; righteousness and peace have kissed each other. Truth shall spring up from the earth, and righteousness shall look down from heaven. The LORD will indeed grant prosperity, and our land will yield its increase. Righteousness shall go before him, and peace shall be a pathway for his feet.

Lenten Ember Days

INTROIT PSALM: 89:1-4

Your love, O LORD, for ever will I sing; from age to age my mouth will proclaim your faithfulness. For I am persuaded that your love is established for ever; you have set your faithfulness firmly in the heavens. "I have made a covenant with my chosen one; I have sworn an oath to David my servant: 'I will establish your line for ever, and preserve your throne for all generations."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Your love, O LORD, for ever will I sing; from age to age my mouth will proclaim your faithfulness.

GRADUAL PSALM: 22:21-25

I will declare your Name to my brethren; in the midst of the congregation I will praise you. Praise the LORD, you that fear him; stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory. For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; but when they cry to him he hears them. My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. The poor shall eat and be satisfied, and those who seek the LORD shall praise him: "May your heart live for ever!"

Pentecost Ember Days (II)

INTROIT PSALM: 122

I was glad when they said to me, "Let us go to the house of the Lord." Now our feet are standing within your gates, O Jerusalem. Jerusalem is built as a city that is at unity with itself; To which the tribes go up, the tribes of the LORD, the assembly of Israel, to praise the Name of the Lord. For there are the thrones of judgment, the thrones of the house of David. Pray for the peace of Jerusalem: "May they prosper who love you. Peace be within your walls and quietness within

your towers. For my brethren and companions' sake, I pray for your prosperity. Because of the house of the LORD our God, I will seek to do you good."

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Jerusalem is built as a city that is at unity with itself.

GRADUAL PSALM: 133

Oh, how good and pleasant it is, when brethren live together in unity! It is like fine oil upon the head that runs down upon the beard, Upon the beard of Aaron, and runs down upon the collar of his robe. It is like the dew of Hermon that falls upon the hills of Zion. For there the LORD has ordained the blessing: life for evermore.

Autumn Ember Days

INTROIT PSALM: 113

Alleluia! Give praise, you servants of the LORD; praise the Name of the Lord. Let the Name of the LORD be blessed, from this time forth for evermore. From the rising of the sun to its going down let the Name of the Lord be praised. The LORD is high above all nations, and his glory above the heavens. Who is like the LORD our God, who sits enthroned on high, but stoops to behold the heavens and the earth? He takes up the weak out of the dust and lifts up the poor from the ashes. He sets them with the princes, with the princes of his people. He makes the woman of a childless house to be a joyful mother of children.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Who is like the LORD our God, who sits enthroned on high, but stoops to behold the heavens and the earth?

GRADUAL PSALM: 127

Unless the LORD builds the house, their labor is in vain who build it. Unless the LORD watches over the city, in vain the watchman keeps his vigil. It is in vain that you rise so early and go to bed so late; vain, too, to eat the bread of toil, for he gives to his beloved sleep. Children are a heritage from the LORD, and the fruit of the womb is a gift. Like arrows in the hand of a warrior are the children of one's youth. Happy is the man who has his quiver full of them! he shall not be put to shame when he contends with his enemies in the gate.

For Foreign Missions

INTROIT PSALM: 67

May God be merciful to us and bless us, show us the light of his countenance and come to us. Let your ways be known upon earth, your saving health among all nations. Let the peoples praise you, O God; let all the peoples praise you. Let the nations be glad and sing for joy, for you judge the peoples with equity and guide all the nations upon earth. Let the peoples praise you, O God;

let all the peoples praise you. The earth has brought forth her increase; may God, our own God, give us his blessing. May God give us his blessing, and may all the ends of the earth stand in awe of him.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Let the peoples praise you, O God; let all the peoples praise you.

GRADUAL PSALM: 117

Praise the LORD, all you nations; *laud him, all you peoples*. For his loving-kindness toward us is great, *and the faithfulness of the Lord endures for ever. Alleluia!*

Rogation Days (I)

INTROIT PSALM: 4

Answer me when I call, O God, defender of my cause; you set me free when I am hard-pressed; have mercy on me and hear my prayer. "You mortals, how long will you dishonor my glory; how long will you worship dumb idols and run after false gods?" Know that the LORD does wonders for the faithful; when I call upon the Lord, he will hear me. Tremble, then, and do not sin; speak to your heart in silence upon your bed. Offer the appointed sacrifices and put your trust in the Lord. Many are saying, "Oh, that we might see better times!" Lift up the light of your countenance upon us, O Lord. You have put gladness in my heart, more than when grain and wine and oil increase. I lie down in peace; at once I fall asleep; for only you, Lord, make me dwell in safety.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Know that the LORD does wonders for the faithful; when I call upon the Lord, he will hear me.

GRADUAL PSALM: 23

The LORD is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters. He revives my soul and guides me along right pathways for his Name's sake. Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me. You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

Rogation Days (II)

INTROIT PSALM: 18:1–7

I love you, O LORD my strength, *O Lord my stronghold, my crag, and my haven*. My God, my rock in whom I put my trust, *my shield, the horn of my salvation, and my refuge; you are worthy of praise*. I will call upon the LORD, *and so shall I be saved from my enemies*. The breakers of

death rolled over me, and the torrents of oblivion made me afraid. The cords of hell entangled me, and the snares of death were set for me. I called upon the LORD in my distress and cried out to my God for help. He heard my voice from his heavenly dwelling; my cry of anguish came to his ears.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. He heard my voice from his heavenly dwelling; my cry of anguish came to his ears.

Note: The Psalm above is for Rogation Tuesday. The following Psalm is for Wednesday.

ALTERNATE INTROIT PSALM: 65:9-14

You visit the earth and water it abundantly; you make it very plenteous; the river of God is full of water. You prepare the grain, for so you provide for the earth. You drench the furrows and smooth out the ridges; with heavy rain you soften the ground and bless its increase. You crown the year with your goodness, and your paths overflow with plenty. May the fields of the wilderness be rich for grazing, and the hills be clothed with joy. May the meadows cover themselves with flocks, and the valleys cloak themselves with grain; let them shout for joy and sing.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. You crown the year with your goodness, and your paths overflow with plenty.

GRADUAL PSALM: 118:1-4

Give thanks to the LORD, for he is good; *his mercy endures for ever*. Let Israel now proclaim, "His mercy endures for ever." Let the house of Aaron now proclaim, "His mercy endures for ever." Let those who fear the LORD now proclaim, "His mercy endures for ever."

Note: The Psalm above is for Rogation Tuesday. The following Psalm is for Wednesday.

ALTERNATE GRADUAL PSALM: 23

The LORD is my shepherd; I shall not be in want. He makes me lie down in green pastures and leads me beside still waters. He revives my soul and guides me along right pathways for his Name's sake. Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me. You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

Thanksgiving

INTROIT PSALM: 111

Alleluia! I will give thanks to the LORD with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the LORD! they are studied by all who delight in them. His work is full of majesty and splendor, and his righteousness endures for ever. He makes his marvelous works to be remembered; the Lord is gracious and full of compassion. He gives food to those who fear him; he is ever mindful of his covenant. He has shown his people the power of his works in giving them the lands of the nations. The works of his hands are faithfulness and justice; all his commandments are sure. They stand fast for ever and ever, because they are done in truth and equity. He sent redemption to his people; he commanded his covenant for ever; holy and awesome is his Name. The fear of the LORD is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! I will give thanks to the LORD with my whole heart, in the assembly of the upright, in the congregation.

GRADUAL PSALM: 75:1

We give you thanks, O God, we give you thanks, calling upon your Name and declaring all your wonderful deeds.

Harvest Thanksgiving

INTROIT PSALM: 34:1-10

I will bless the LORD at all times; his praise shall ever be in my mouth. I will glory in the LORD; let the humble hear and rejoice. Proclaim with me the greatness of the LORD; let us exalt his Name together. I sought the LORD, and he answered me and delivered me out of all my terror. Look upon him and be radiant, and let not your faces be ashamed. I called in my affliction and the LORD heard me and saved me from all my troubles. The angel of the LORD encompasses those who fear him, and he will deliver them. Taste and see that the LORD is good; happy are they who trust in him! Fear the LORD, you that are his saints, for those who fear him lack nothing. The young lions lack and suffer hunger, but those who seek the Lord lack nothing that is good.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Taste and see that the LORD is good; happy are they who trust in him!

GRADUAL PSALM: 92:1-4

It is a good thing to give thanks to the LORD, and to sing praises to your Name, O Most High; To tell of your loving-kindness early in the morning and of your faithfulness in the night season;

On the psaltery, and on the lyre, and to the melody of the harp. For you have made me glad by your acts, O LORD; and I shout for joy because of the works of your hands.

Dedication Festival

INTROIT PSALM: 84:1-6

How dear to me is your dwelling, O LORD of hosts! My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God. The sparrow has found her a house and the swallow a nest where she may lay her young; by the side of your altars, O Lord of hosts, my King and my God. Happy are they who dwell in your house! they will always be praising you. Happy are the people whose strength is in you! whose hearts are set on the pilgrims' way. Those who go through the desolate valley will find it a place of springs, for the early rains have covered it with pools of water. They will climb from height to height, and the God of gods will reveal himself in Zion.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. How dear to me is your dwelling, O LORD of hosts! My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God.

GRADUAL PSALM: 138:1-4

I will give thanks to you, O LORD, with my whole heart; before the gods I will sing your praise. I will bow down toward your holy temple and praise your Name, because of your love and faithfulness; For you have glorified your Name and your word above all things. When I called, you answered me; you increased my strength within me.

For the Sick (I)

INTROIT PSALM: 6:1-9

LORD, do not rebuke me in your anger; do not punish me in your wrath. Have pity on me, LORD, for I am weak; heal me, Lord, for my bones are racked. My spirit shakes with terror; how long, O Lord, how long? Turn, O LORD, and deliver me; save me for your mercy's sake. For in death no one remembers you; and who will give you thanks in the grave? I grow weary because of my groaning; every night I drench my bed and flood my couch with tears. My eyes are wasted with grief and worn away because of all my enemies. Depart from me, all evildoers, for the Lord has heard the sound of my weeping. The LORD has heard my supplication; the Lord accepts my prayer.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Have pity on me, LORD, for I am weak; heal me, Lord, for my bones are racked.

GRADUAL PSALM: 28:7-11

Blessed is the LORD! for he has heard the voice of my prayer. The LORD is my strength and my shield; my heart trusts in him, and I have been helped; Therefore my heart dances for joy, and in my song will I praise him. The LORD is the strength of his people, a safe refuge for his anointed. Save your people and bless your inheritance; shepherd them and carry them for ever.

For the Sick (II)

INTROIT PSALM: 6:1-9

LORD, do not rebuke me in your anger; do not punish me in your wrath. Have pity on me, LORD, for I am weak; heal me, Lord, for my bones are racked. My spirit shakes with terror; how long, O Lord, how long? Turn, O LORD, and deliver me; save me for your mercy's sake. For in death no one remembers you; and who will give you thanks in the grave? I grow weary because of my groaning; every night I drench my bed and flood my couch with tears. My eyes are wasted with grief and worn away because of all my enemies. Depart from me, all evildoers, for the Lord has heard the sound of my weeping. The LORD has heard my supplication; the Lord accepts my prayer.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Have pity on me, LORD, for I am weak; heal me, Lord, for my bones are racked.

GRADUAL PSALM: 28:7-11

Blessed is the LORD! for he has heard the voice of my prayer. The LORD is my strength and my shield; my heart trusts in him, and I have been helped; Therefore my heart dances for joy, and in my song will I praise him. The LORD is the strength of his people, a safe refuge for his anointed. Save your people and bless your inheritance; shepherd them and carry them for ever.

Funerals

INTROIT PSALM: 65:1-4

Rest eternal grant unto them, O Lord; and let light perpetual shine upon them. You are to be praised, O God, in Zion; to you shall vows be performed in Jerusalem. To you that hear prayer shall all flesh come, because of their transgressions. Our sins are stronger than we are, but you will blot them out. Happy are they whom you choose and draw to your courts to dwell there! they will be satisfied by the beauty of your house, by the holiness of your temple.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Rest eternal grant unto them, O Lord; and let light perpetual shine upon them.

GRADUAL PSALM: 112:4-7

Light shines in the darkness for the upright; the righteous are merciful and full of compassion. It is good for them to be generous in lending and to manage their affairs with justice. For they will never be shaken; the righteous will be kept in everlasting remembrance. They will not be afraid of any evil rumors; their heart is right; they put their trust in the Lord.

Weddings

INTROIT PSALM: 128

Happy are they all who fear the LORD, and who follow in his ways! You shall eat the fruit of your labor; happiness and prosperity shall be yours. Your wife shall be like a fruitful vine within your house, your children like olive shoots round about your table. The man who fears the LORD shall thus indeed be blessed. The LORD bless you from Zion, and may you see the prosperity of Jerusalem all the days of your life. May you live to see your children's children; may peace be upon Israel.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. May you live to see your children's children; may peace be upon Israel.

ALTERNATE INTROIT PSALM: 67

May God be merciful to us and bless us, show us the light of his countenance and come to us. Let your ways be known upon earth, your saving health among all nations. Let the peoples praise you, O God; let all the peoples praise you. Let the nations be glad and sing for joy, for you judge the peoples with equity and guide all the nations upon earth. Let the peoples praise you, O God; let all the peoples praise you. The earth has brought forth her increase; may God, our own God, give us his blessing. May God give us his blessing, and may all the ends of the earth stand in awe of him.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. May God be merciful to us and bless us, show us the light of his countenance and come to us.

GRADUAL PSALM: 127:1-3

Unless the LORD builds the house, their labor is in vain who build it. Unless the LORD watches over the city, in vain the watchman keeps his vigil. It is in vain that you rise so early and go to bed so late; vain, too, to eat the bread of toil, for he gives to his beloved sleep.

Church Consecrations

INTROIT PSALM: 147:13-21

Worship the LORD, O Jerusalem; praise your God, O Zion; For he has strengthened the bars of your gates; he has blessed your children within you. He has established peace on your borders; he satisfies you with the finest wheat. He sends out his command to the earth, and his word runs very swiftly. He gives snow like wool; he scatters hoarfrost like ashes. He scatters his hail like bread crumbs; who can stand against his cold? He sends forth his word and melts them; he blows with his wind, and the waters flow. He declares his word to Jacob, his statutes and his judgments to Israel. He has not done so to any other nation; to them he has not revealed his judgments. Alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Worship the LORD, O Jerusalem; praise your God, O Zion.

GRADUAL PSALM: 68:33-36

Sing to God, O kingdoms of the earth; sing praises to the Lord. He rides in the heavens, the ancient heavens; he sends forth his voice, his mighty voice. Ascribe power to God; his majesty is over Israel; his strength is in the skies. How wonderful is God in his holy places! the God of Israel giving strength and power to his people! Blessed be God!

Conferences

INTROIT PSALM: 121

I lift up my eyes to the hills; from where is my help to come? My help comes from the LORD, the maker of heaven and earth. He will not let your foot be moved and he who watches over you will not fall asleep. Behold, he who keeps watch over Israel shall neither slumber nor sleep; The LORD himself watches over you; the Lord is your shade at your right hand, So that the sun shall not strike you by day, nor the moon by night. The LORD shall preserve you from all evil; it is he who shall keep you safe. The LORD shall watch over your going out and your coming in, from this time forth for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. The LORD shall watch over your going out and your coming in, from this time forth for evermore.

GRADUAL PSALM: 123

To you I lift up my eyes, to you enthroned in the heavens. As the eyes of servants look to the hand of their masters, and the eyes of a maid to the hand of her mistress, So our eyes look to the LORD our God, until he show us his mercy. Have mercy upon us, O LORD, have mercy, for we have had more than enough of contempt, Too much of the scorn of the indolent rich, and of the derision of the proud.

Synods

INTROIT PSALM: 68:7-10

O God, when you went forth before your people, when you marched through the wilderness, The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, at the presence of God, the God of Israel. You sent a gracious rain, O God, upon your inheritance; you refreshed the land when it was weary. Your people found their home in it; in your goodness, O God, you have made provision for the poor.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Your people found their home in it; in your goodness, O God, you have made provision for the poor.

GRADUAL PSALM: 68:33-36

Sing to God, O kingdoms of the earth; sing praises to the Lord. He rides in the heavens, the ancient heavens; he sends forth his voice, his mighty voice. Ascribe power to God; his majesty is over Israel; his strength is in the skies. How wonderful is God in his holy places! the God of Israel giving strength and power to his people! Blessed be God!

Parochial Missions

INTROIT PSALM: 51:1-8

Have mercy on me, O God, according to your loving-kindness; in your great compassion blot out my offenses. Wash me through and through from my wickedness and cleanse me from my sin. For I know my transgressions, and my sin is ever before me. Against you only have I sinned and done what is evil in your sight. And so you are justified when you speak and upright in your judgment. Indeed, I have been wicked from my birth, a sinner from my mother's womb. For behold, you look for truth deep within me, and will make me understand wisdom secretly. Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed.

GRADUAL PSALM: 51:11-14

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your holy Spirit from me. Give me the joy of your saving help again and sustain me with your bountiful Spirit. I shall teach your ways to the wicked, and sinners shall return to you.

Diaconal Ordinations

INTROIT PSALM: 135:1-4

Alleluia! Praise the Name of the LORD; give praise, you servants of the Lord. You who stand in the house of the LORD, in the courts of the house of our God. Praise the LORD, for the LORD is good; sing praises to his Name, for it is lovely. For the LORD has chosen Jacob for himself and Israel for his own possession.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia! Praise the Name of the LORD; give praise, you servants of the Lord.

GRADUAL PSALM: 135:19-21

Bless the LORD, O house of Israel; *O house of Aaron, bless the Lord*. Bless the LORD, O house of Levi; *you who fear the Lord, bless the Lord*. Blessed be the LORD out of Zion, *who dwells in Jerusalem*. *Alleluia!*

Priestly Ordinations

INTROIT PSALM: 51:8-14

Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed. Make me hear of joy and gladness, that the body you have broken may rejoice. Hide your face from my sins and blot out all my iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your holy Spirit from me. Give me the joy of your saving help again and sustain me with your bountiful Spirit. I shall teach your ways to the wicked, and sinners shall return to you.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I shall teach your ways to the wicked, and sinners shall return to you.

GRADUAL PSALM: 132:7-10

Let us go to God's dwelling place; *let us fall upon our knees before his footstool.*" Arise, O LORD, into your resting-place, *you and the ark of your strength.* Let your priests be clothed with righteousness; *let your faithful people sing with joy.* For your servant David's sake, *do not turn away the face of your Anointed.*

Episcopal Consecrations

INTROIT PSALM: 132:11-18

The LORD has sworn an oath to David; in truth, he will not break it: "A son, the fruit of your body will I set upon your throne. If your children keep my covenant and my testimonies that I

shall teach them, their children will sit upon your throne for evermore." For the LORD has chosen Zion; he has desired her for his habitation: "This shall be my resting-place for ever; here will I dwell, for I delight in her. I will surely bless her provisions, and satisfy her poor with bread. I will clothe her priests with salvation, and her faithful people will rejoice and sing. There will I make the horn of David flourish; I have prepared a lamp for my Anointed.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. I will clothe her priests with salvation, and her faithful people will rejoice and sing.

GRADUAL PSALM: 133

Oh, how good and pleasant it is, when brethren live together in unity! It is like fine oil upon the head that runs down upon the beard, Upon the beard of Aaron, and runs down upon the collar of his robe. It is like the dew of Hermon that falls upon the hills of Zion. For there the LORD has ordained the blessing: life for evermore.